

# The Beacon

## Cedars Unitarian Universalist Church

A Welcoming Congregation & Green Sanctuary

**Worship & Children's Religious Education: 10:00 am**

*Join us for refreshments and conversation after the service*



October 2010

### October 3: Formative Forces, Part 3

#### Theodore Parker and the Coherence Factor

*Revs. Jaco B. and Barbara W. ten Hove, co-ministers*  
*Betty Petras, worship associate*

Theodore Parker was a stirring compatriot to the two 19th century Unitarian players profiled last March (Margaret Fuller and RW Emerson). The White House Oval Office has a new rug featuring two notable quotes of Parker's, even if inaccurately attributed. He was a mover and a shaker in his day, and still today. The choir will sing and we'll install the new Cedars Board of Trustees.

This is the annual **Association Sunday** when we honor our connections with brother and sister UUs across the country, including a special collection in anticipation of the 50th anniversary of the UUA and a UU *Leap of Faith* campaign. See related story on page 4.

### October 10: The Heart of Islam

*Kim Beyer-Nelson, Director of Religious Education*  
*Betty Petras, Worship associate*

Islam is the media's favorite bad-boy right now, but religious fundamentalism affects all religious traditions, not just Islam. Ironically, the most effective way to work with this shadowy specter of faith is so simple we almost miss it: in Zen we say "take the backward step" and retreat from what we think we know about another faith as, most importantly, we practice looking into one set of human eyes at a time. Come and find the living heart of Islam often obscured by the bias and the media machine. *Kim holds a Masters Degree in Comparative Religion.*

### October 17: Stories as Revelation, Part 1

#### Of Elephants and Blind Men

*Beth Rahe Balas, Cedars member*  
*Michael Read, worship associate*

Our memories and stories provide an anchor of identity, and they weigh us down when they become rigid. How do we know what we think we know about who we are? *Part 2 will be presented by Rev. Jaco ten Hove on November 21.*

### October 24: Saved from What? Salvation UU Style

*Rev. Barbara W. ten Hove, co-minister*  
*Jason Cheung, worship associate*

Salvation is a tricky issue. Can we re-imagine it and go beyond salvation, from this world and our sin, to salvation as "the gift of full aliveness"?

### October 31: Remembering All Souls

*Rev. Jaco B. ten Hove, co-minister*  
*Porter Hall, worship associate*

This annual service will reflect the many important ways we deal with death and grief as religious people. A time to acknowledge loved ones lost will be included. Please feel free to bring photos of them for a display. The Cedars choir will sing and *Trick or Treat for UNICEF* will be featured during coffee hour.

## Momma Mia!



## Italian Dinner Auction 2010

*Saturday, October 23, 6:00 pm*  
*Webster Hall, The Island School*



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# Eye on the UUniverse

Rev. Barbara W. ten Hove



Though I understand the reluctance to think about Christmas in October I'm one of those who likes to plan ahead for my holiday activities and shopping. Early in my career, I made a point of doing as much of my shopping in advance of October as I could. This made working during the holidays that much easier! So forgive me if I talk with you about the holidays in this October Beacon. I do so because I want you to think ahead about participating in the Cedars Alternative Gift Project (AGP)

Our AGP program started some years ago as a desire to help people get away from giving unwanted things to people who already have so much, and instead inviting them to donate funds toward truly needy people all over the world and in our backyard. The project was an immediate success. Since it began here, thousands of helpful dollars have flowed from the generous support of Cedars members, friends, and others in our local community.

In case you've not yet had the fulfilling experience of utilizing the AGP process, it's simple and even compelling. A person on your own gift list becomes the honoree of a particular item that you choose and pay for from the AGP catalog of stirring options. That item/contribution then goes directly to that purpose, and your honoree learns what has been done in their name. The options range widely, from, say, prostheses for landmine survivors in Southeast Asia to books for ESL (English as a Second Language) students in Kitsap County. There are many levels of cost and many kinds of alternative gifts. It's easy to do and feels so worthwhile.



Initially, there was a large printed catalog. But finances and other green considerations led to an on-line only catalog. Because it's on-line, some people missed it last year, and thought it wasn't happening. But it did. And it will again this year. Look for the catalog soon on the Cedars website. An announcement will be made when the most current version will appear, sometime in November.

It's also not too late to offer to help. Last year, a lot of people expressed their concern that the AGP wasn't as visibly active as it had been. Well, one big reason for that was a lack of people power from within Cedars. The leaders of this important community activity need more help and it's a great place for folks to get involved. Perhaps this is your year to say "Yes" and help out our Social Action Committee. They'd love to hear from you. Let Carol Ann Davidson or Carolyn Meredith know if you'd like to volunteer. Leave a message for them at the church office (206-780-0373 or e-mail [cuucoffice@cedarsuuchurch.org](mailto:cuucoffice@cedarsuuchurch.org)).

Jaco and I made a commitment a long time ago that most of our holiday gift giving would be in the form of support for organizations we believe in and opportunities to help others. One year we told our young nieces and nephews that we reserved a tidy sum for each of them, gave them a (short) list of possible AGP destinations, and let them decide how much would go where. Years later, they (and their parents) still mention how meaningful that exercise was. We'll be doing our Christmas shopping through the AGP again this year and invite you to do the same.

See you at church!

Fondly,

## Co-ministers' Office Hours for the Month of September

Co-Ministers Jaco B. & Barbara W. ten Hove (206-780-0373, ext. 1), E-mail: [minister@cedarsuuchurch.org](mailto:minister@cedarsuuchurch.org)

It's best to arrange ahead for an appointment, although one or both co-ministers expect to be at the church office on most Tuesday, Wednesday & Friday mornings. In emergencies, they can be contacted at home as needed: 206-201-3596. Big exception this month: they will be away in California from October 5 to 19, celebrating their 20th wedding anniversary and visiting family. During such times, the Board President Richard Wilson, Vice President Angie Hoffpauir, Pastoral Care Team Chair Diana Peters, and the office will know how to reach them in an emergency.

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# The Cedar Basket

News of religious education at Cedars Unitarian Universalist Church

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October already!? Yes, I see those leaves turning outside my window, and hear the wild geese flying in formation, but wow! This fall will be busy, so I wanted to remind you of a few important dates:

## October Calendar

Saturday, October 2: The all-church Powell's Bookstore Pilgrimage to Portland. We'll be driving down, so if you would like to ride with someone, please contact Kim Beyer-Nelson. I'll start a ride sign-up at church, and we'll try to minimize the number of cars AND work in some great socializing time.

Tuesdays in October: Beginning Qigong continues at the church office on Ericksen from 10:00 to 10:45 am or so. Dress in comfy shoes and ready to move.

Saturday October 9: Jr./Sr. High visit to Temple Bnai Torah in Bellevue. We'll be departing from The Island School parking lot at 8:00 am. Please send ferry fare with your child, and be sure Kim has received your parent release form.

Monday, October 11: The Adult Comparative Religion series continues with a look at Christianity at church office on Ericksen from 7:30 to 9:00 pm

Friday, October 15: Submission deadline for the national Unitarian Universalist Christian Fellowship journal. We are actively looking for artwork, photos, poetry and how you celebrate Christmas as UU families. Contact Kim for submission guidelines if you are interested. It's a great way to get that first piece into print!

Wednesday, October 20: Religious Education Committee meeting at Kim's house, 6:30 pm

Saturday, Oct 30: Youth Cluster Dance at The Island School (pending; please watch for details).

Sunday October 31: All ages Halloween and All Souls service at church. Children are encouraged to wear their costumes to church!

## Classrooms and Kudos

Our K-5 class has begun to create the cartoon (the simple sketch that outlines the way the tapestry will look on the warp) for their big tapestry weaving project. We expect to begin weaving this month, and hope you will stop by The Island School library and add your hand to the project. The children's chapel is so much fun to create each Sunday, and everyone is looking forward to the Sunday visit of Masquerade, my new llama.



The Jr. High group has moved from the over-view of "what is this thing called religion" with Alan Miller to a deeper inquiry into Judaism, taught by Kim Bush and Judy Friesem. I am so gratified at the quality and interest that our adults have brought to this important program, and am looking forward to our house of worship visits as the fall and winter progress.

The Sr. High group raised over \$600 with their waffle brunch, thanks to the outpouring of support from the congregation. Watch for posters in Webster Hall and the church office about how that money is being used to fund micro loans world-wide!

Questions or concerns? I am always game for a phone conversation, walk, lunch or sprawl on a comfy couch! Give me a holler and let's talk religious exploration together! I can be reached at 206-201-3680 or [dre@cedarsuuchurch.org](mailto:dre@cedarsuuchurch.org).

— Kim Beyer-Nelson, DRE

## 50 Years of Unity and Love!

### Association Sunday is October 3

Each fall we celebrate our connection to the wider liberal religious family of the Unitarian Universalist Association ([www.uua.org](http://www.uua.org)) as we also combine resources and collaborate on expanding our faith and our influence in the world. But it doesn't happen without intention and widespread generosity. All contributions are magnified when we team up with other UUs to more fully embody and support our values in ways that only larger numbers can do.



This year's theme is:

*Celebrating 50 Years and the Future of Our Faith!*

We will join thousands of UUs to help launch the golden anniversary of our Association. Proceeds from this year's special collection will go to ensuring that our faith thrives for generations to come, by funding a new Leap of Faith Growth Initiative, intending to strengthen our liberal religious community for the next 50 years. Through this program, mentoring congregations that have been successful in growing will be directly and widely involved in sharing their experiences and wisdom. Cedars is very interested in the output of this.

Please attend our service on Sunday, October 3, prepared to support this important larger UU connection, or give your generous contribution to the [church office](#) before October 15 by making a check out to the "UUA" and noting "Assoc. Sun. at Cedars". You can also donate directly on the [Association Sunday](#) site. Many tributaries flow into a healthy river. Thank you!

— Rev Jaco ten Hove

PS. Thanks to all who participated in Association Sunday 2009. The theme last year was Growing Our Diversity and was celebrated in over 500 congregations. Read [Association Sunday sermons](#) that took place all across the country in 2009.

### Treasurer's Report: Summary for August 2010

Pledges	August	YTD	Capital Campaign
Budgeted:	\$12,692	\$ 25,383	Pledged: \$393,000
Received:	\$ 7,980	\$ 37,731	Received at 8/31/10 \$186,786
Difference:	\$(4,712)	\$ 12,348	Difference: \$(206,214)

  

Operating Fund	August	YTD	Capital Fund Balances
Income:	\$ 8,634	\$40,266	Balance at 7/01/09: \$202,260
Expense:	\$18,147	\$33,565	Balance at 7/01/10: \$220,367
Difference:	\$(9,540)	\$ 6,701	Balance at 8/31/10: \$220,199

### Attendance: June - August 2010

Month	Weekly Average		Total	Total for Month
	Children	Adults		
June	12	74	86	342
July	7	53	60	181
August	5	58	63	251

## In Our Congregations

The **Bellingham Unitarian Fellowship, WA**, is celebrating its beautiful new LEED-certified expansion project. They will officially begin using the entire building for Ingathering on September 12, 2010. All PNWD friends and neighbors are invited to their formal dedication celebration on October 10, 2010 at 4:00 pm. Everyone is invited to stay for music, dancing and refreshments in their new social hall.

Our *Standing on the Side of Love* banner has been displayed on church buildings and also in recent parades. Peggy Love, **Cascade UU Fellowship (Wenatchee, WA)** reported that they carried the banner in Seattle's Gay Pride parade this summer. Cynthia Murray, **Kit-titas Valley UU Congregation (Ellensburg, WA)** said that they will carry the banner in the Ellensburg Rodeo Parade over Labor Day weekend.

If your congregation would like to borrow the [Standing on the Side of Love banner](#), please contact the [district office](#) to be added to the queue. This 4' x 12' banner is available for PNWD congregations to use at no charge. If our banner is booked when you need it, **Northlake UU Church in Kirkland, WA** is willing to share theirs.

Our generous PNWD Chalice Lighters made it possible to send \$16,400 to **Whidbey Island UU Fellowship (Freeland, WA)**; \$15,156 to **Quimper UU Fellowship (Port Townsend, WA)**; and \$18,450 to **Bellingham Unitarian Fellowship (WA)**. These grants will help with projects such as kitchen improvements, extension of a sound system, and parking lot lighting and accessibility. If you would like to become a [Chalice Lighter](#), [online enrollment](#) is available. Learn more about the PNWD Chalice Lighters Program later in this newsletter.



# Cedars UU Church

The Beacon is a monthly publication of Cedars Unitarian Universalist Church, P.O. Box 10175, Bainbridge Island, WA 98110. Subscriptions are by email and are free. The Beacon may be viewed by visiting our Website: [www.cedarsuuchurch.org/beacon.htm](http://www.cedarsuuchurch.org/beacon.htm). For more information, e-mail the editor at [beacon@cedarsuuchurch.org](mailto:beacon@cedarsuuchurch.org).

**The Beacon Editor** [beacon@cedarsuuchurch.org](mailto:beacon@cedarsuuchurch.org)  
Frank Mandt 360-297-2501

**Co-Ministers** [minister@cedarsuuchurch.org](mailto:minister@cedarsuuchurch.org)  
Rev. Dr. Barbara Wells ten Hove 206-780-0373  
Rev. Jaco B. ten Hove 206-780-0373

**Dir. of Religious Education** [dre@cedarsuuchurch.org](mailto:dre@cedarsuuchurch.org)  
Kim Beyer-Nelson 206-201-3680

**Music Director** [music@cedarsuuchurch.org](mailto:music@cedarsuuchurch.org)  
Chris Smellow 206-842-7498

**Volunteer Office Mgr.** [cucoffice@cedarsuuchurch.org](mailto:cucoffice@cedarsuuchurch.org)  
Bob Meredith 206-780-0373

**Volunteer Bookkeeper** [bookkeeper@cedarsuuchurch.org](mailto:bookkeeper@cedarsuuchurch.org)  
Herb Hethcote 206-855-0881

## Board of Trustees:

**President** [president@cedarsuuchurch.org](mailto:president@cedarsuuchurch.org)  
Richard Wilson 206-842-3583

**Vice President** [vp@cedarsuuchurch.org](mailto:vp@cedarsuuchurch.org)  
Angie Hoffpauir 206-780-0853

**Treasurer** [treasurer@cedarsuuchurch.org](mailto:treasurer@cedarsuuchurch.org)  
Larry Frank 360-377-1013

**Secretary** [secretary@cedarsuuchurch.org](mailto:secretary@cedarsuuchurch.org)  
Vacant

## Board Members-at-Large:

**Member-at Large** [board1@cedarsuuchurch.org](mailto:board1@cedarsuuchurch.org)  
Vinnie Perrone 206-855-1588

**Member-at Large** [board2@cedarsuuchurch.org](mailto:board2@cedarsuuchurch.org)  
Sandy Bullock 360-394-5635

**Member-at Large** [board3@cedarsuuchurch.org](mailto:board3@cedarsuuchurch.org)  
Donna Larkin Mohr 206-842-8490

## Worship Services:

The Island School  
8553 NE Day Road East  
Bainbridge Island, WA 98110

## Office:

571 Ericksen Avenue NE  
Bainbridge Island, WA 98110  
Phone: 206-780-0373

## Mailing Address:

P.O. Box 10175  
Bainbridge Island, WA 98110

# Teams, Groups, Activities & Committees

**Adult Programs** [adultprograms@cedarsuuchurch.org](mailto:adultprograms@cedarsuuchurch.org)  
Barry Peters 206-842-7700

**Budget Leadership Team** [blt@cedarsuuchurch.org](mailto:blt@cedarsuuchurch.org)  
Frank Petrie 206-842-8150

**Communications** [communications@cedarsuuchurch.org](mailto:communications@cedarsuuchurch.org)  
Frank Mandt 360-297-2501

**Finance** [finance@cedarsuuchurch.org](mailto:finance@cedarsuuchurch.org)  
Larry Frank 360-377-1013

**Green Sanctuary** [green@cedarsuuchurch.org](mailto:green@cedarsuuchurch.org)  
Leslie Marshall 206-855-0881

**Membership** [membership@cedarsuuchurch.org](mailto:membership@cedarsuuchurch.org)  
Rod Kempkes 206-842-1438  
Channie Peters 206-842-7700

**Men's Group** [men@cedarsuuchurch.org](mailto:men@cedarsuuchurch.org)  
Herb Hethcote 206-855-0881

**Committee on Ministry** [com@cedarsuuchurch.org](mailto:com@cedarsuuchurch.org)  
Jan Mulder 206-842-5034

**Music** [musiccom@cedarsuuchurch.org](mailto:musiccom@cedarsuuchurch.org)  
Alan Miller 206-780-9813

**Nominating** [nominating@cedarsuuchurch.org](mailto:nominating@cedarsuuchurch.org)  
Jane Martin 206-842-4166

**Neighborhood Teams** [neighborhood@cedarsuuchurch.org](mailto:neighborhood@cedarsuuchurch.org)  
Sally Wilson 206-842-3583

**Operations** [operations@cedarsuuchurch.org](mailto:operations@cedarsuuchurch.org)  
Stan Stumbo 206-842-1458

**Pastoral Care** [pastoralcare@cedarsuuchurch.org](mailto:pastoralcare@cedarsuuchurch.org)  
Diana Peters 206-842-2170

**Program Council** [vp@cedarsuuchurch.org](mailto:vp@cedarsuuchurch.org)  
Angie Hoffpauir 206-780-0853

**Religious Education** [dre@cedarsuuchurch.org](mailto:dre@cedarsuuchurch.org)  
Kim Beyer-Nelson 206-201-3680

**Shaping the Future** [future@cedarsuuchurch.org](mailto:future@cedarsuuchurch.org)  
Rev. Jaco ten Hove 206-780-0373

**Social Action** [socialaction@cedarsuuchurch.org](mailto:socialaction@cedarsuuchurch.org)  
Helen Nissani 206-842-9123

**Welcoming Congregation** [welcoming@cedarsuuchurch.org](mailto:welcoming@cedarsuuchurch.org)  
Warren Read 360-297-8265

**Worship Associates** [worship@cedarsuuchurch.org](mailto:worship@cedarsuuchurch.org)  
Beth Balas 206-842-1247  
Bill Scarvie 206-780-0720

**Youth Advisor** [youth@cedarsuuchurch.org](mailto:youth@cedarsuuchurch.org)  
Jeff Philip 360-779-7961

**Super Suppers** [supersuppers@cedarsuuchurch.org](mailto:supersuppers@cedarsuuchurch.org)  
Carol Ann Davidson 206-855-0629

## Volunteer Office Manager's Hours:

Tuesday & Wednesday: 12:00 pm to 2:00 pm  
Friday: 10:30 am to 2:30 pm

Office E-mail: [cucoffice@cedarsuuchurch.org](mailto:cucoffice@cedarsuuchurch.org)  
For church information: [info@cedarsuuchurch.org](mailto:info@cedarsuuchurch.org)

To rent facilities at *The Island School* for meetings or activities, contact **Vinne Perrone, 206-855-1588** or e-mail [rentals@cedarsuuchurch.org](mailto:rentals@cedarsuuchurch.org).

## Our Mission

Worship with open hearts ◇ Nurture a learning spirit  
Serve justice with compassion ◇ Love without judgment

# Calendar of Events

## October 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> Music Committee, 12:00n	<b>2</b> Powell's Pilgrimage, 8:00a
<b>3</b> Sunday Service 10:00a Joining Sunday Newcomer Hospitality Team Launch, 11:30a Exploring Forgiveness, 7:00p	<b>4</b> <i>Labor Day</i>	<b>5</b> Begining Qigong, 10:00a	<b>6</b> Choir Rehearsal 7:30p	<b>7</b> Meditation, 4:30p	<b>8</b>	<b>9</b>
<b>10</b> Sunday Service 10:00a	<b>11</b> <i>Columbus Day</i> Exec Committee, 11:30a Adult Comparative Religion, 7:30p	<b>12</b> Begining Qigong, 10:00a	<b>13</b> Program Associates 10:00a Pastoral Care 2:00p Auction Committee, 6:00p Choir Rehearsal 7:30pm	<b>14</b> Meditation, 4:30p Membership Committee 7:30p Social Action 7:30p	<b>15</b> Spirituality Book Group, 7:00p  <b>Beacon Submittal Deadline</b>	<b>16</b> Intro to Buddhist Thought, 9:00a
<b>17</b> Sunday Service 10:00a	<b>18</b>	<b>19</b> Begining Qigong, 10:00a Board Meeting 6:30p	<b>20</b> RE Committee 6:30p Choir Rehearsal 7:30p	<b>21</b> Meditation, 4:30p Ralph Waldo Emerson, 7:00p	<b>22</b>	<b>23</b>  <b>Momma Mia Auction! 6:00p</b>
<b>24</b> Sunday Service 10:00a	<b>25</b>	<b>26</b> Super Suppers 4:45p	<b>27</b> Choir Rehearsal 7:30p	<b>28</b> Meditation, 4:30p SOULful Cedars 7:30p	<b>29</b> Knitters, 11:00a	<b>30</b> Being a New UU, 10:00a
<b>31</b> Sunday Service 10:00a	Notes:					
	For details on calendar events, please see <a href="http://www.cedarsuuchurch.org/calendar.html">www.cedarsuuchurch.org/calendar.html</a> . Events are accurate as of 11:00 pm, September 30, 2010					

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# Social Action and UUSC Update

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## *Finding our Passion – Continuing our Work*

The Social Action Committee (SAC) is getting going again after a summer break. We are working on our agenda for the year. As we have done for the past two years, we ask each member of the committee to tell us what work most resonates with them. What is your passion? Several members have committed many hours each year to help all of us find ways to reach out and support our community.

Super Suppers are an example where our committee members make it possible for us to organize our volunteer teams to feed our elderly neighbors who struggle to pay both for their medications and their food at the end of each month. One member sets up the calendar and checks in with each team by phone, one recruits the teams and another is always on-site at the church to help with setup, serving and cleanup. It would not be possible to feed the ever increasing numbers of diners without the hard work and organizational skills of our SAC members.

I want to start our new church year with a special note of thanks to all of our members and their contributions to social action. Without them there is no Community Service Day. Without them there is no Alternative Gift Project (AGP).

## *Some thoughts for Future Work*

We will continue our effort to design and deliver super suppers, community service day, Crop Walk, Haiti project, CSA food share for Helpline and Fishline, Special Collection Sundays, Social Justice Sunday Service, and to re-construct the AGP project. In addition to these good works, this year we hope to make it possible for individuals to be better informed about the social justice activities in the community. Two of our SAC members, Kim Bush and Judy Friesem, are our partners in this work. They bring us “Guest at Your Table” and inform us about the work of the UUSC. Many of you are members of political action, conservation and other advocacy groups. How can we help our members learn more about these efforts, while making sure that we do not impose our views? Can we find more volunteers to help us monitor a social action table each week? Would you be willing to take a moment during the coffee hour and check out information at our table? Can we encourage our members to bring in petitions, posters or other materials and make them available to our members in a respectful way? Here is an example of an event that will take place on October 14 at 7:30 pm at co-housing on Bainbridge Island:

*David Zarembka is the coordinator for African Great Lakes Initiative (AGLI). He'll be coming to Bainbridge with his Kenyan wife, Gladys, who has worked alongside him. This talk will describe how the Alternatives to Violence Project (AVP) is used to bring all sides of a conflict back together. From the AVP program the Rwandans and Burundians have developed another program, Healing and Rebuilding Our Communities (HROC), to deal specifically with personal and community trauma. This program, together with listening workshops, mediation, and inter-community dialogue will also be described. What are the difficulties? How successful are they? Can they be used elsewhere? These programs are all supported by the African Great Lakes Initiative of the Friends Peace Teams.*

If you are not able to go to this event, perhaps a neighbor or friend would be interested. In these difficult economic and political times, it may behoove us to be vigilant and better informed. Let me know what you think. I am usually around during the coffee hour each Sunday and welcome your input. Are you interested in working with us? Call me at 206-842-9123 and let me know. We always welcome new members. The Social Action Committee meets the second Thursday of each month at 7:30 pm.

— Helen Nissani, Chair

## UUSC

Congratulations to us all! Cedars is now a Creating Justice Banner Society church. We have achieved the level of 25 - 49% membership in the UUSC, and will be celebrated thier 2010 Annual Report, online at the UUSC website and in the winter issue of UU World Magazine.

In the midst of the devastating floods in Pakistan, UUSC partner Bedari is empowering women with an innovative approach to relief work. [Read about their work](#) to ensure that women and children, among the most at-risk people in the disaster, are not overlooked in relief efforts — and [consider a generous, much-needed donation](#).

UUSC is supporting religious freedom. On August 9, [UUSC and the UUA sent a letter of support for the Cordoba House](#), the Islamic community center planned for lower Manhattan, to New York City Mayor Michael Bloomberg. An [action alert](#) followed, and more than 1,000 UUSC members and supporters so far have responded with affirmation for religious understanding and freedom. How do you feel about it?

Try a reverse trick-or-treat approach to Halloween this October! In partnership with Global Exchange, Equal Exchange, and a host of participating nonprofits, UUSC is excited to support this year's fourth annual Reverse Trick-or-Treating. Help spread the word about economic and environmental justice as kids give adults fair-trade chocolate and information explaining issues in the cocoa industry and how fair trade offers solutions. As you plan your costumes, check out Reverse Trick-or-Treating!

Consider a Trip to Uganda with UUSC, November 4–16. Participants will learn about UUSC's unique eye-to-eye partnership with Caritas Pader, which has empowered thousands of people to return to their villages and rebuild their lives after a brutal 20-year civil war. Participants will also meet with the UU Kampala congregation; talk with Ugandan leaders of the struggle for lesbian, gay, bisexual, and transgendered people's rights; and visit the school and orphanage the Kampala congregation supports near Masaka. [Find out more and download an application](#).

*UUSC is a membership-based organization, separate from and independent of the UUA and receives no funding from the UUA. Please consider taking the time to join or renew your membership and help carry this important work forward all year long. Every gift of \$100 or more is matched by the UU Congregation at Shelter Rock in Manhasset, N.Y. You can renew online at [www.uusc.org](http://www.uusc.org).*

— Judy Friesem and Kim Bush, UUSC Reps

# Cedars Programs & Events

**Joining Sundays** are the **First Sunday** of each month when our Cedars Membership Book will be available for signing (one of the requirements for membership). Meet a church leader at the altar table *right after service* for a jolt of joining joy.

## Exploring Forgiveness

*The Interactive Sessions with Rev. Barbara ten Hove* on Sunday, September 26 and October 3, from 7:00 to 9:00 pm at the Cedars [church office](#), 571 Ericksen Avenue, Bainbridge Island.

Learning to forgive may be the hardest and most important task we humans are called upon to do. Whether or not you heard Barbara's September 26 sermon, come and learn with others who struggle with this complicated but deeply meaningful topic. There is a registration limit of 10, so sign up early. See the Program Brochure available on the [church website](#) for registration information.

## Women's Retreat Moved to Winter

Due to the busy-ness of the fall and various people's schedules, the second annual Cedars Women's retreat will take place in January or February 2011, date to be determined. If you are interested in helping with this wonderful event, please contact Rev. Barbara ten Hove at [minister@cedarsuuchurch.org](mailto:minister@cedarsuuchurch.org). More details will follow in the November Beacon.

## Super Suppers

Do you want to help our Social Action team but don't have much time? Are you a good cook looking for an excuse to make brownies? The **Super Suppers** at **Eagle Harbor Congregational Church** needs your help! We team up with **Congregation Kol Shalom** to serve dinner for all comers at Helpline House on the last Tuesday of every month. If you can bring food, help host the dinner with a member of the Social Action Committee, or simply want more information about these dinners, please contact **Carol Ann Davidson** at [supersuppers@cedarsuuchurch.org](mailto:supersuppers@cedarsuuchurch.org) or 206-855-0629.

## Annual Church Auction

Momma Mia! Our annual fundraising auction is taking place on October 23rd at 6:00 pm in Webster Hall. You've probably seen the signs and heard about the event, but I urge you to stop by the display in church and volunteer to help make it the best it can be. Generous item donations continue to trickle in for this year's auction, and it's shaping up to be another fun night for everyone.

Come celebrate all things Italian with our entire community at an Italian-style family dinner auction! We'll share a delicious catered dinner from Burrata Bistro, with live music from our choir, the Soundwaves singers, and professional accordionist Jamie Maschler. And who can forget the Dessert Dash? Bid on great items and travel packages during the silent and live auctions, with renowned Auctioneer Rob Beattie!

If you have any questions, or if you would like more information, please contact Mark Rosenwald at [rosenwald.mark@gmail.com](mailto:rosenwald.mark@gmail.com) or 206-484-8321.

## Books! Books! Books!

Share your books and help Cedars by donating your used books for resale at the Cedars Auction. Bring books on religion, spirituality, or ethics to Sunday services and give them to Alan Miller or Jane Martin. You may also bring books by Jane's home at 3636 Crystal Springs Drive or Alan's at 8404 New Brooklyn Road on Bainbridge Island any time prior to Saturday, October 23.

### Want to receive *The Beacon*?

Please send your e-mail address to: [beacon@cedarsuuchurch.org](mailto:beacon@cedarsuuchurch.org).

### Updates are on the Website

Be sure to check the Church Website, [www.cedarsuuchurch.org](http://www.cedarsuuchurch.org), throughout the month for updates on activities and events. If you have something to be posted on the Website, e-mail Frank Mandt at [webmeister@cedarsuuchurch.org](mailto:webmeister@cedarsuuchurch.org).

## Reel Religion

*Film Series Restarts with Amazing Grace*  
Saturday, October 16, 7:00 pm

*Eagle Harbor Congregational Church, Madison Ave at Winslow Way, Bainbridge Island*

This event is free and open to the public; donations are welcome to cover costs of licensing. A brief discussion will follow the screening.

*Amazing Grace* is a 2006 film about the courageous campaign against the slave trade in 19th century Britain, led by William Wilberforce, who was responsible for steering legislation through Parliament to end 400 years of English slave trade. A brave effort, led by one persistent man, upheld by moral integrity, friendship and a driving faith, paved the way for this world-changing, history-shaping milestone. Its 200th anniversary is celebrated by this film, which also recounts John Newton's writing of the hymn *Amazing Grace* and highlights his influence on Wilberforce.

Subsequent Saturday showings for the Reel Religion series will be *The Mission* on November 20, and *Babette's Feast* on December 18.

*This series is co-sponsored by ministers from five local congregations, including Jaco and Barbara ten Hove of Cedars.*



## Official Church Calendar

Please consult the official Cedars UU Church Calendar on the church website at [www.cedarsuuchurch.org/calendar.html](http://www.cedarsuuchurch.org/calendar.html) before scheduling events.

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# From the President

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## Our Next Adventure

We, the members and friends of Cedars UU Church, can be proud of who we have become. We might say that this is simply what we've been moving toward through all those years since our founding and that our persistence is an equally worthy accomplishment, but it has more realistically been a series of hopeful, significant, and intentional changes over the last several decades that have given us the congregation we now enjoy. We made choices and carefully planned many of the steps that have brought us to our present reality.

A very brief outline would be that about twenty years ago, after years of adults-only meetings in member's living rooms, decisions were made to begin meeting in public spaces and to reinstate religious education for children; about five years later we outgrew those initial facilities and moved to Hyla School; we prepared a formal five-year plan and called our first minister about ten years ago; and a little more than five years ago we relocated to larger space at The Playhouse meeting, prepared a second five-year plan, and reached a peak membership of 156. Our more recent steps have included calling our current co-ministers, moving to The Island School, and just last year, celebrating our 50th anniversary and collaborating with each other in an unusual planning process we called "Shaping Our Future."

This time, however, our situation seems to be different. We have become an active, healthy congregation with many dedicated members; we are served by talented ministers and staff, we enjoy attractive and well-located facilities, and we are a growing presence in our local communities. And as was noted and confirmed during our planning process, our most basic desire is to deepen, enliven, and expand what we already have.

Once again, we know we can be more, and this time we created a process to help us say just how that might be done.

As its name implies, the overall objective of our recent planning effort has been to shape our future in the best possible way. More than 90 of us participated in a year-long series of small group conversations and structured sessions exploring our hopes and dreams for the next few years. We examined a series of discussion themes, identified aspirations, and proposed strategies and action plan possibilities for achieving them that reflect the energy and enthusiasm of our participation in the process. We found that the extended family community that Cedars has become is very fondly appreciated, and how we might strengthen and enrich that aspect of our lives together is a prominent feature of the final report and was the subject of a memorably-staged special presentation during the congregational meeting in June.



The report is now being used by the Program Council and selected committees in activity planning for the current year (copies are available on the Cedars website and at the Welcome Table in Webster Hall).

This new church year is the beginning of a future that we've already begun to shape. Let's enjoy the adventure together!

— *Richard Wilson, President*

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## WA State UU Voices for Justice News: Annual Legislative Conference On November 6

Join UUs from across the state at WA State UU Voices for Justice's 5th Legislative Conference on November 6, 10 am-3pm, at the Olympia UU Congregation.

Economic justice will headline this year's agenda, focusing on the need to provide critical state services through equitable tax policies. Speakers will also address important social and environmental justice issues that will come before the 2011 Legislature. A conference packet will provide ideas for ways you can effectively bring UU values of justice and equity to our legislators.

Receive updates on the Legislative Conference at [www.uuvoiceswa.org](http://www.uuvoiceswa.org), or contact UU Voices Coordinator Carol McKinley at [coordinator@uuvoiceswa.org](mailto:coordinator@uuvoiceswa.org) to register or for more information.

In appreciation,  
Rev. Carol McKinley, Coordinator  
WA State UU Voices for Justice  
360 786-8074

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# New Adult Programs Start this Fall

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A series of **Ethical and Spiritual Programs for Adults** is being produced this fall by Rev Barbara ten Hove with a new team of **Program Associates**.

Starting in mid-September, the programs are briefly described in a brochure that you can obtain by calling the Cedars office at 206-780-0373 or pick up on Sunday mornings from the Welcome Table. Better yet, you can find out more from detailed descriptions, and also register and pay for your choice of programs, on the new Program registration website at: [TinyURL.com/Cedars2010](http://TinyURL.com/Cedars2010), which is also available via a link on the church's website at [www.cedarsuuchurch.org](http://www.cedarsuuchurch.org).

There's a modest charge for programs, typically \$9.99 per person, to cover costs and support the Cedars budget. In several cases the price covers a series of two or more events during the fall 2010 program season (and in two cases includes lunch). If there is financial need, please inquire confidentially with a co-minister about the scholarship program. Many programs have limits on the number of attendees, so please register early.

Contact **Rev. Barbara ten Hove**, or Program Associates **Alan Miller, Barry Peters, and Andrea Tryon** with any questions. Here's a brief summary of programs that start or continue in October:

- **Comparative Religion**

*Monday evenings: October 11 (Christianity), and November 8 (Islam). 7:30 to 9:00 pm at the church office. The series is led by retired professor of comparative religion Alan Miller, and Director of Religious Education Kim Beyer-Nelson.*

Join one or more of these monthly 90-minute comparative overviews of world religions. The Cedars children's Religious Education classes will focus on many world faiths this year, so this program enables parents and other adults to stay abreast and appreciate the diversity of faith in our shrinking world.

- **Qigong Meditative Movement (weekly sessions)**

*Tuesdays: 10:00 to 10:45 am from mid-September, at the church office. These are weekly practice sessions with instruction by Kim Beyer-Nelson, a certified yoga therapist.*

Qigong ("chee kong") is a gentle, flowing art and an easy to learn meditative movement that lessens stress, increases balance and strength, and lubricates joints. This beginner's practice can be done standing or in a chair. Kim has taught qigong for 15 years.

- **Introduction to Buddhist Study and Practice**

*Saturday October 16, 9:00 to 4:00 pm at The Island School. This is a full day session led by Alan Miller, Kim Beyer-Nelson and Channie Peters.*

The day provides an in-depth introduction to the history and teachings of Buddhism, plus a guided Buddhist meditation experience. The morning and afternoon agenda will include historical overview, sitting and walking meditation instruction and practice, plus discussion.

- **Emerson as Spiritual Guide**

*Third Thursday of each month at the church office, starting October 21, led by Rev. Jaco ten Hove.*

This is a monthly study of the first formative American writer and Unitarian minister whose body of work still animates and informs our daily living. Ralph Waldo Emerson's deep, timeless insights are worth exploring, but his mid-19th century prose can be beautifully thick, so it helps to do so in a group. We'll consider the stirring language of one of his essays each month, aided by a very helpful 2003 companion paperback *Emerson as Spiritual Guide*, by UU minister Barry Andrews.

- **Becoming a "New UU"**

*Saturday, October 30, from 10:00 am to 2:00 pm at the church office. Lunch is included in the \$9.99 price of the program. Childcare can be partially supported if arranged in advance.*

Wherever you are on your journey with Cedars, we invite you to an engaging presentation about this church and UUism, led by **Rev. Jaco ten Hove** and Cedars leaders. Meet other newcomers and discover some of the delicious details of our congregational life. This educational, informational and communal time is an enjoyable way to deepen your connections among us. If you feel ready to join Cedars after the class, you will be most welcome to sign the Membership Book, but that is entirely optional. Please pre-register by Thursday, October 28.

# WHERE ON EARTH ARE WE GOING?

And what can we  
do about it?

These are two questions at the heart of  
the *Awakening the Dreamer,*  
*Changing the Dream* symposium.

The symposium is a profound  
inquiry into a bold vision:

***to bring forth an environmentally sustainable,  
spiritually fulfilling, and socially just human presence on Earth.***

If you are ready to explore what this vision means for you and your community, and to explore creative pathways toward a sustainable and just future, we invite you to attend.

*"I was not expecting the effect this symposium had on me. I expected to be engaged... but today I feel as if my life is on a different course. This affected me profoundly." —JS, Concord, CA*



Eagle Harbor Congregational Church  
105 Winslow Way W., Bainbridge Is.

Saturday, Nov. 6, 2010  
10:00 am – 4:30 pm

Suggested donation: \$20  
Simple hearty lunch provided

Please register at:

[www.cedarsUUchurch.org](http://www.cedarsUUchurch.org) OR  
[www.awakeningthedreamer.org](http://www.awakeningthedreamer.org)

Contact: Jaco ten Hove (206-780-0373, x1)

Sponsored by: Cedars Unitarian Universalist Church ([minister@cedarsUUchurch.org](mailto:minister@cedarsUUchurch.org))

The **Awakening the Dreamer**  
**Changing The Dream** Symposium

Presented in partnership with

