
The Beacon

Cedars Unitarian Universalist Church

A Welcoming Congregation & Green Sanctuary

Worship & Children's Religious Education: 10:00 am

Join us for refreshments and conversation after the service



September 2010

September 5: Water Works Well

Revs. Jaco B. and Barbara W. ten Hove, co-ministers

Bill Scarvie, worship associate

Water works well to link us in our diversity; it is perhaps the most shared of tangible elements, one on which we all depend. We'll celebrate this life-giving fundamental in our annual Water Ceremony as we re-gather our summer energies and approach the new season together. *Whether you've traveled to an interesting place this summer or have had meaningful times locally, you are encouraged to bring a small amount of representative water this morning to place in our shared community bowl.*

September 12: Welcome to Religious Community!

Revs. Barbara W. and Jaco B. ten Hove, co-ministers

Beth Rahe Balas, worship associate

What makes religious community so special and precious? Come see, and bring a friend on this, our annual Welcome Sunday! The choir will sing, plus we'll install this year's wonderful Worship Associates and pristine Program Associates. And our fabulous Fall Religious Education Program for young ones also begins today.

September 19: Pancakes and Process Theology

Rev. Liz Stevens, guest UU minister

Jason Cheung, worship associate

Process Theology is a metaphysic, a way of conceptualizing God and the universe, based on particle physics. With a sense of humor and an eye for practical applications, our speaker will explore this intellectually fascinating and intuitively resonant schema.

A graduate of Yale University and Starr King School for the Ministry, The Rev. Liz Stevens recently left the Kitsap Unitarian Universalist Fellowship in Bremerton after serving there for six years. She is currently enrolled at Seattle University and plans to complete a doctorate before returning to parish ministry.

September 26: To Forgive is Human

Rev. Barbara W. ten Hove, co-minister

Michael Read, worship associate

Learning to forgive may be the hardest and most important task we humans are called upon to do. This service explores why it matters so very much. A two-session course starts tonight to further explore this powerful topic.

New Church Year Begins

Cedars starts the new season with the annual **Water Ceremony** on September 5. We invite you to bring a small vial of water to share from your summer travels or from home. **Welcome Sunday** will take place on September 12. Other worship topics this fall include *Forgiveness, Islam, All Souls, Salvation, Stress, Paradise*, and our winter holiday celebrations.

The **children's program** will focus on world religions this year and we are very excited that our Junior Youth will explore an acclaimed curriculum called "*Neighboring Faiths*."

The **music program** will feature our choir singing more often. The repertoire is expanding, so look for lovely and challenging new pieces. The choir is fun and open to all voices. Come join us!

Adult classes will include a companion "*Neighboring Faiths*" series for adults based on the curricula that our young people will be experiencing. Barbara will lead a two-session course on **Forgiveness**, while Jaco will examine the spiritual wisdom of **Ralph Waldo Emerson**. There are a number of **Saturday workshops** as well as events on various other days.

A new **Programs brochure** will be available at church and on the website on September 12. We will also take advantage of technology this fall with a new on-line registration process for all adult classes.

Social activities: The annual **Auction** scheduled for Saturday October 23 has an Italian theme: "**Mamma Mia!**" Sign up to volunteer and to donate. And come and bring your friends. It's always great fun.

Dinner Connections and **Neighborhood Teams** are also arranging more gatherings so you can deepen relationships.

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Eye on the UUniverse

Rev. Jaco B. ten Hove



Pan-Generational Parallels

I'm a big fan of the summer outdoor concert series on Wednesday evenings at Waterfront Park in Winslow, but not so much for the music, although that's usually excellent. What really animates me is the scene that unfolds in front of and all around me each time I set up my portable chair there, which I was happily able to do a lot this year. I've seen some other Cedars folk there too, enjoying this unusual treat, and I already look forward to next summer's edition.

What I revel in is the fully pan-generational happening that gears up for a couple hours each week to exult together amid the usually gorgeous evening weather and setting, with Eagle Harbor peeking out at us through the trees. One can witness the full gamut of ages and life stages mingling in sonic range of the boat-shaped bandstand. Early arrivers set up chairs and picnic cloths but leave a broad swath of open space between them and the musicians, knowing that it will soon fill with energy.

The youngest ones begin to enliven the atmosphere in glorious, sometimes constant motion, scampering all over in vaguely dancelike fashion, inspired by, if not exactly in step with, the music. Older youth and young adults come and go, socializing eagerly in clumps and occasionally adding their style to the open space, even joining in the swing dancing.

Some parents boogie with small bodies wrapped around their waist or strung over their shoulder. Various individuals sway to the tuneage by themselves in their own inimitable fashion, dodging or interacting with the little ones that scurry nearby. The grassy plain slowly rises to throb with happy, gyrating bodies, dominated by many beautiful youngsters, so delightful in their unselfconsciousness. (A clearly uninitiated bandleader commented late one evening that she was confused at first about why people set up their chairs so far back from the bandstand, but now she understood.)

Lots more of us lounge about, sharing food and drink, conversation and companionship, as we watch contentedly and enjoy spontaneous or pre-arranged rendezvous. I once noticed an elder

couple comfortably sipping their beverages, both doing crossword puzzles, as they nodded gently to the musical rhythms. All kinds of folks wander in from all over and coalesce for a time being, with zero commercialism, beyond the band usually offering their CDs.

I find myself smiling a lot during these eventful evenings, savoring the all-ages nature of this temporary community that beautifully reflects our larger populace. It often makes my summer week. It also makes me aware of how rarely such interactive age diversity is available to us. We live in a mostly age-segregated culture, with generations frequently separated from each other by design or preference.

Think about it. How often do you get to be around, let alone get to know, folks of all ages? One other notable setting for such multi-generational gathering is congregational life such as Sunday mornings at church, and other occasions such as picnics. From youngsters to elders, we at Cedars endeavor to build what I like to call pan-generational community (meaning "all-inclusive," or across the age spectrum) by countering the cultural tendency to separate peer groups. It's not always easy, but it's so worth it!



As we begin to shift gears into a new season, one that holds great promise for our rich congregational life together, let's relish the precious ways our ambitious liberal religious project spans the ages. Let's look for and create more opportunities to appreciate each other, across the generations. Let's all boogie on the spiritual dance floor as our congregational energy rises in the autumn air.

Fondly,



Co-ministers' Office Hours for the Month of September

Co-Ministers Jaco B. & Barbara W. ten Hove (206-780-0373, ext. 1), E-mail: minister@cedarsuuchurch.org

It's best to arrange ahead for an appointment, although one or both co-ministers expect to be at the church office on most Tuesday, Wednesday & Friday mornings. **Known exceptions: September 8 and 17.** In emergencies, they can be contacted at home as needed: 206-201-3596.

The Cedar Basket

News of religious education at Cedars Unitarian Universalist Church

It's been a rough haul this summer for me, with a kidney stone and all its attendant side effects. I want to thank the folks who have helped to make the Sunday RE program continue right along, smooth as proverbial silk. Parents should have received a long e-mail letter about the upcoming year, with calendars, permission slips and other goodies. Some of this is posted on the website; if you did not find your letter, please contact me.

This fall will be a lot of fun! Our Pre-K-5th graders will continue with our Children's Chapel model of religious education, working with some of the "big" words in the Unitarian Universalist document of Principles and Purposes. Some of the sessions are geared to "justice", "dignity", "conscience", "mystery", "prophets", "confronting power", "loving our neighbors", "circles of life". Later in the winter, we'll be turning to comparative religion topics. Each session begins with a story that highlights the theme of the day, some live music, and then the children self-select into either a large motor or fine motor experience that allows them to creatively express the topic. We are currently asking for assistants to lead the breakouts (only about a ½ hour experience). All materials are provided and set up, so this is an easy and fun way to mix with our children. Please e-mail Kim at dre@cedarsuuchurch.org, or call her at 206-201-3680 for a list of dates and topics.



Jr. High will be working with the Neighboring Faiths curriculum, which highlights different world religions and includes working with visitors from that faith or actual house of worship visits. There are still some teaching and assisting opportunities available for this program, so please contact Kim for more information. Parents, please be sure to return the parent permission slips and other material prior to September 12. Thanks!

Senior High is excited about their Waffle Brunch on September 12. They'd like to borrow any waffle makers you have, and will be preparing waffles right after the service. Money raised from their luscious goodies will go toward funding a micro loan program that they and their advisors will administer. Thanks goes to Gregory Cook who first brought up the micro-loan idea! If you want more information about the youth group and their activities this year, please contact Kim.

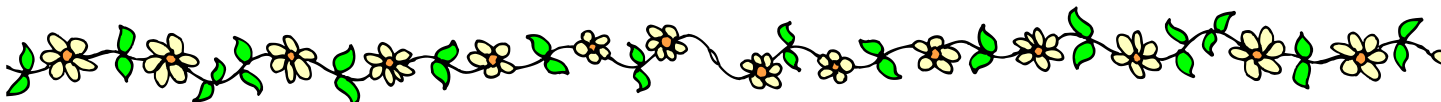
Parents, I hope you will take part in the adult comparative religion program, slated to begin Monday, September 13 at the Katz Office Building, 6:30 - 8:30 pm. Our first topic up will be Judaism. Each month we will parallel the world tradition being presented in the Neighboring Faith's program. Taught by Kim Beyer-Nelson and Alan Miller, these sessions are part of a lifespan comparative religion program this year. Look for more information about this program soon!

Kim will also be teaching a qigong (chee-gong) class, starting this September 14 from 10:45 at the Katz Building. This easy, flowing and meditative movement program is open to all.

Mark Saturday, October 2 on your calendar for this all church event: a pilgrimage to Powell's Bookstore in Portland! Browse this amazing bookstore and then have a meal with friends before heading back home. A blast e-mail will go out on September 23 as a reminder.

Finally, each Sunday, check out the RE bulletin board over by the goodies table in the sanctuary. There, you will see reminders, calls for volunteers, pictures from RE and information about big one-time programs.

— Kim Beyer-Nelson, DRE



The Finance Committee is pleased to report that Cedars UU Church ended the 2009-10 fiscal year with a small surplus of \$1557. This positive outcome is the result of generous contributions from our members and friends, successful fund-raising at our auction and coffee sales, and careful spending by our committees. Our Capital Fund is conservatively invested in Certificates of Deposit, so we had no loss of principal during the stock market decline.

The 2010-11 budget approved at the June Congregational Meeting maintains funding for our programs and has some modest increases for our employees, but does not include the payment of our national UUA dues or Pacific Northwest District dues. This budget projects that our expenses will exceed our income by about \$10,000. This projected deficit presents a financial challenge for our congregation; however, by increasing our income in various ways and spending carefully, we hope that our income will meet our expenses at the end of this fiscal year.

The CUUC Finance Committee:

Larry Frank, Treasurer

Herb Hethcote, Bookkeeper

Sandy Bullock

Channie Peters

Frank Petrie



Treasurer's Report: Summary for July 2010

Pledges	July	YTD
Budgeted:	\$12,692	\$152,300
Received:	\$29,751	\$ 29,751
Difference:	\$17,059	\$(122,549)

Operating Fund	July	YTD
Income:	\$31,632	\$31,632
Expense:	\$15,391	\$15,391
Difference:	\$16,241	\$16,241

Capital Campaign	
Pledged:	\$393,000
Received at 7/31/10	\$186,786
Difference:	\$(206,214)

Capital Fund Balances	
Balance at 7/01/09:	\$202,260
Balance at 7/01/10:	\$220,367
Balance at 7/31/10:	\$220,221

Attendance: May - July 2010

Month	Weekly Average		Total	Total for Month
	Children	Adults		
May	12	82	94	471
June	12	74	86	342
July	7	53	60	181

Next Meeting Thursday, September 23 at 7:00 pm

A group of seven met on July 29 to begin designing our congregational contribution to "Sustainable Outcomes in Unity and Love" (SOUL), primarily in connection with the local group Positive Energy, the Steering Committee for which includes Co-minister **Jaco ten Hove**. The mission of Positive Energy is to educate, inspire and mobilize our community toward a clean energy future through efficiency, conservation and renewables.



Stan Stumbo, Leslie Marshall, Herb Hethcote, and Barry Peters agreed to be trained as trainers for the upcoming Home Energy IQ course; Stan and Barry will design a survey to assess the energy efficiency of our congregation members' homes via the seven Neighborhood Teams. Our goal is to help all Cedars households be strong conservators of energy as an important step toward a more sustainable future.

We hope to establish Cedars as a credible model in energy efficiency and then reach out to support other local congregations in doing the same. Significant resources will be forthcoming beginning this fall, as a \$5 million federal grant comes online in our area, anchored by Positive Energy. We want to be in position to take full advantage of upcoming opportunities.

Jan Mulder and Steve Johnson also contributed to this discussion with Rev. Jaco ten Hove. Others who are interested are invited to join our organizational effort at the next meeting at 7:00 pm on Thursday, September 23 at the [church office](#). Also, please respond SOULfully when you are invited to self-assess your home's energy use. Contact Jaco or others noted above for more information.

Cedars UU Church

The Beacon is a monthly publication of Cedars Unitarian Universalist Church, P.O. Box 10175, Bainbridge Island, WA 98110. Subscriptions are by email and are free. The Beacon may be viewed by visiting our Website: www.cedarsuuchurch.org/beacon.htm. For more information, e-mail the editor at beacon@cedarsuuchurch.org.

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Volunteer Office Manager's Hours:

Tuesday & Wednesday: 12:00 am to 2:00 pm
Friday: 10:30 am to 2:30 pm

Office E-mail: cuucoffice@cedarsuuchurch.org
For church information: info@cedarsuuchurch.org

Our Mission

Worship with open hearts ◇ Nurture a learning spirit
Serve justice with compassion ◇ Love without judgment

Calendar of Events

September 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Choir Rehearsal 7:30pm	2 Meditation, 4:30p	3	4
5 <i>Labor Day</i> Sunday Service 10:00a Joining Sunday	6	7 Program Associates 10:00a Positive Energy, 4:30p	8 Pastoral Care 2:00p Worship Associates Training, 7:00p Choir Rehearsal 7:30pm	9 Meditation, 4:30p Membership Committee 7:30p Social Action 7:30p	10 Music Committee, 12:00n	11 Worship Associates Training, 9:00a Climate Communications Seminar, 2:30p
12 Waffle Breakfast 9:00a Sunday Service 10:00a Coffee & Tea Sales	13 Comparative Religions, 6:30p	14 Begining Qigong, 10:00a	15 Auction Committee, 6:00p RE Committee 6:30p Choir Rehearsal 7:30p Beacon Submittal Deadline	16 Meditation, 4:30p	17 <i>Yom Kippur</i> Sustainability Book Group, 7:00p	18
19 Sunday Service 10:00a Pick up Coffee & Tea Neighborhood Teams Potluck, 12:15p	20	21 Begining Qigong, 10:00a Positive Energy, 4:30p Board Meeting 6:30p	22 Choir Rehearsal 7:30p	23 <i>Autumnal Equinox</i> Meditation, 4:30p SOULful Cedars 7:30p	24 Knitters, 11:00a	25
26 Sunday Service 10:00a Exploring Forgiveness, 7:00p	27 Women's Planning Retreat, 9:30a,	28 Begining Qigong, 10:00a Super Suppers 4:45p Program Council, 7:15p	29 Auction Committee, 6:00p Choir Rehearsal 7:30p	30 Meditation, 4:30p		

Notes:

For details on calendar events, please see www.cedarsuuchurch.org/calendar.html.

Events are accurate as of 11:00 pm, August 31, 2010

Pastoral Care

Living Alone Need Not Equate to Loneliness

I recently read an article by Kerby Anderson in which he claimed that “Baby Boomers” are headed for a crisis of loneliness because of both demographics and social isolation. In the 1950s only about 1 in 10 households were headed by one person, mostly widows. Today, due to the three “Ds” (death, divorce, and deferred marriages) about one in four households are solos.” He claims “if current trends continue sociologists predict that the ratio will increase to one in three early in this century.”

The “Boomers” not only marry less frequently but also later. Many, like me, decide not to marry at all. Thomas Exter, writing in *American Demographics* predicts that “the most dramatic growth in single-person households should occur among those aged 45-64 as baby boomers become middle aged.”

As a person who has always lived alone, it amazes me how negative the tone of these kinds of articles make this prospect seem. It’s like the authors begin with the premise that living alone always results in loneliness. Needless to say, loneliness is no respecter of persons married or single and it can come to everyone sooner or later. It cuts across all ages and, if serious enough, can even lead to depression and possibly suicide.

Loneliness has been defined as “the painful awareness that we lack meaningful contact with others.” Solitude and loneliness are not the same things. Solitude is a choice; for many a time for introspection and renewal, whereas loneliness is the painful experience of wanting to be with others but not being able to. And it’s not always the absence of other people but rather the lack of a relationship with them.

Studies have shown that loneliness can double a person’s chances of catching cold and that lonely people are four times more likely to suffer a heart attack and if so, they are four times more likely to die from it. Imagine! Apparently the cure for the common cold is keeping socially engaged especially if you have been through a traumatic event.

It’s very common and quite human to suffer from anxiety and depression when confronted with a death or a divorce. However, negative self-perception has been found to be one of the biggest causes of loneliness. You can do something about that and here are a couple suggestions:

- Don’t wait for others. Make the first move. Reach out and take the initiative.
- Set goals and have some purpose in life.
- Join with others in a project or an organization that interest you.
- Visit and help others less fortunate in nursing homes, schools or hospitals.

In our rapidly changing culture, there are real reasons why people may feel lonely. We all need three basic things in life:

1. A relationship with our Creator
2. A need to love and be loved in a personal intimate way
3. A need to feel worthwhile; to have a purpose and a sense that our existence is meaningful.

Take charge of your life before depression and loneliness overtakes you. Loneliness is curable.

— Donna Moore, for the Pastoral Care Team

If you would like to talk with a member of the Pastoral Care Team, please call:

Shayne Chandler
Angie Hoffpauir
Jane Martin
Donna Moore
John Peck
Chere Perrone
Diana Peters, Chair
Rev. Jaco ten Hove.

Cedars Programs & Events

Joining Sundays are the **First Sunday** of each month when our Cedars Membership Book will be available for signing (one of the requirements for membership). Meet a church leader at the altar table *right after service* for a jolt of joining joy.

The **Sustainability Book Group** will resume meeting at 7:30 pm on Friday, September 17 at the home of Herb Hethcote and Leslie Marshall, 1866 Commodore Lane NW, Bainbridge Island, just west of the high school. We will discuss Michael Pollan's recent (2008) book, *In Defense of Food: An Eater's Manifesto*. For those who like to plan ahead, our November 12 selection will be *Getting A Grip 2: Clarity, Creativity and Courage for the World We Really Want* by Frances Moore Lappe' (2010). Check out the Green Sanctuary section of the table at the back of Webster Hall to see the collection of books we have read. Newcomers, as well as suggestions for other books that we might discuss in later months, are always welcome. Please join us. The teakettle is always on; bring snacks to share if you would like. Contact Leslie Marshall at green@cedarsuuchurch.org for more information.

Want to receive *The Beacon*?

Please send your e-mail address to: beacon@cedarsuuchurch.org.

Super Suppers

Do you want to help our Social Action team but don't have much time? Are you a good cook looking for an excuse to make brownies? The **Super Suppers** at **Eagle Harbor Congregational Church** needs your help! We team up with **Congregation Kol Shalom** to serve dinner for all comers at Helpline House on the last Tuesday of every month. If you can bring food, help host the dinner with a member of the Social Action Committee, or simply want more information about these dinners, please contact **Carol Ann Davidson** at supersuppers@cedarsuuchurch.org or 206-855-0629.

Climate Communication Seminar

Do You Get Frustrated Talking about Climate Disruption? Get some Helpful Hints for more effectively communicating about demanding global complexities on Saturday, September 11, from 2:30 to 4:00 pm at the [Cedars church office](#), 571 Ericksen Avenue, Bainbridge Island, presented by Co-minister Jaco ten Hove and his handy dandy slide show. Jaco is also on the Steering Committee of Positive Energy, Bainbridge Alliance for Clean Power. He will explore both the psychology of human barriers to scientific information processing, and ways to encourage purposeful change toward solutions to long-term, large-scale, human-induced environmental threats. Based on an October 2009 *Guide for Scientists, Journalists, Educators, Political Aides and the Interested Public* by Columbia University's [Center for Research on Environmental Decisions \(CRED\)](#).

Cedars Dinner Connections September 25.

Sign up for a dinner by adding your name to the list on the Welcome Table on Sunday, contacting Dinner Connection Group Members Andrea Tryon, Gerlind Jenkner, Shelley Fleming, or Judy Willott at church, or E-mailing or calling Sheryl Hamm at srdhamm@comcast.net or 206-780-9204

Sister Spirit Writers' Group Evolves

Our women's writer's group is now meeting on the second and fourth Tuesday of each month at the Poulsbo Regional Library, 700 NE Lincoln Road, Poulsbo from 6:00 to 8:00 pm. Parking is available. For more information, contact Janetmarie Valiga, 360-779-5378, or e-mail her at uufm@earthlink.net.

Updates are on the Website

Be sure to check the Church Website, www.cedarsuuchurch.org, throughout the month for updates on activities and events. If you have something to be posted on the Website, e-mail Frank Mandt at webmeister@cedarsuuchurch.org.

Exploring Forgiveness

Two Interactive Sessions with Rev. Barbara ten Hove on Sunday, September 26 and October 3, from 7:00 to 9:00 pm at the Cedars [church office](#), 571 Ericksen Avenue, Bainbridge Island.

Learning to forgive may be the hardest and most important task we humans are called upon to do. Whether or not you heard Barbara's September 26 sermon, come and learn with others who struggle with this complicated but deeply meaningful topic. There is a registration limit of 10, so sign up early. See the Program Brochure available on the [church website](#) for registration information.

Plan Ahead for the "New UU" Class: Saturday, October 30, 10:00 am to 2:00 pm

Participate in an engaging orientation to Cedars and UUism, led by Rev. Jaco ten Hove and others, for those hoping to learn more about Cedars. Meet other newcomers and discover some of the delicious details of our congregational life. Lunch will be included and childcare supported. Please sign up through the church office no later than October 27. The class will be held at the [church office](#), 571 Ericksen Avenue, Bainbridge Island.

Official Church Calendar

Please consult the official Cedars UU Church Calendar on the church webstie at www.cedarsuuchurch.org/calendar.html before scheduling events.

Transitions in our Lives

Sunday, September 26, 7:00 to 9:00 pm in the [church office](#)

Hosted by Rev. Jaco ten Hove, who invites you to come and share your thoughts and feelings about one or more life transitions that you are experiencing

From the President

The Board's Role

Last month's column was about reflections, about memories of an earlier Cedars and how we have grown to be what we are today. This month, as summer fades and we turn back toward our community life together, I want to share some thoughts about our board and the role it plays.

Our original 1959 bylaws established an Executive Committee consisting of a Chairman, a Secretary/Treasurer, and a Church School Director, and put it in general charge of property, the conduct of business, and the control of administration. Over the years, that entity became our Board of Trustees and currently consists of a President, Vice President, Secretary, Treasurer, three at-large members, and our ministers (serving Ex-Officio and advising, but not voting). The board's responsibilities remain generally as first identified, but now also include review of the bylaws, establishment of policy, and the appointment of such committees, taskforces, or individuals as may be necessary. My personal summary of the board's role would be that it is responsible for keeping our community vessel fueled, smoothly underway and on course, with the course set by our congregational mission statement (this metaphorical view may be somewhat colored by many years of ferry commuting).



Church governance in UU congregations is based on congregational polity and democratic principles, which means we are independent of external or higher church authority and can elect our board, conduct our business, and select our ministers and staff essentially as we wish (within the normal constraints of local, state, and national law). However, we do not exist alone. There are about a thousand UU congregations, and most are affiliated as member congregations of the Unitarian Universalist Association, sharing experience and resources with each other. The UUA website, www.uua.org, is a vast storehouse of information, including an excellent resource document titled "Governance for Unitarian Universalist Congregations," which discusses the important interrelationship of congregational size and governance style. The UUA also provides local resources within our region as the Pacific Northwest District in Bellevue, and at www.pnwd.org. The staff and associated personnel of the District office have provided much advice and many valuable services to us throughout our history.

Half of our Trustees are new this year, but we nevertheless have a very strong board. Vinnie Perrone and I are the only returning members from last year's board, although Donna Larkin Mohr brings very significant earlier experience as our President, Larry Frank has been Treasurer of another UU congregation, and both Angie Hoffpauir and Sandy Bullock bring years and years of experience with UU congregations elsewhere. Unfortunately, our Secretary position remains unfilled (so please talk with me or Jane Martin of the Nominating Committee if you might be willing to help us in this important way). We meet in the church office on the third Tuesday of the month starting at 6:30, with an informal meal and social period. We begin our formal meeting time at 7:15. Guests are welcome, though rare.

In many ways this year seems likely to be one of consolidation for the congregation and the board. We have now moved beyond the celebration of our 50th anniversary and have just finished a year of forward-looking conversation and planning. We are in great shape with regard to facilities, staff, and congregational energy, but wish for more. We are both fond and proud of our Cedars community, and realize that what we have is worth sharing with others. Opening ourselves to guests and newcomers will enliven our community, expand the range of our activities, and deepen our relationships, just what we've said we desire.

— Richard Wilson, President

P.S. For a lighter perspective, look at what a little internet research can uncover:



If only things could be so simple! And with good humor, perhaps they are.