# The Beacon

A weekly email newsletter from Cedars Unitarian Universalist Church Serving Bainbridge Island and Northern Kitsap County



Volume 12 Issue 37 / September 16, 2022

Website Faith Formation Calendar

Our Staff—Contact Us Join Cedars

# **Upcoming Services**

**Nuclear Disarmament** 

Sunday September 18th 10:00 a.m. In-Person Service in Webster Hall

Rev Senji Kenaeda & Rev Gilberto Z. Perez

During this service, representatives from the Nippozan Myohoji Buddhist Temple will be sharing their commitment to nuclear disarmament and how this stand is rooted in their Buddhist faith.

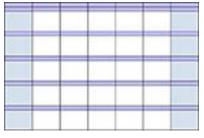
# **Special Delivery**

Sunday September 25th 10:00 a.m. In-Person Service in Webster Hall

Rev Zackrie Vinczen Tyler Weaver, Worship Associate

Theater has long been a means to share social critique on critical issues. In this service, we will have fun while considering an example of theater playing such a role.

**Current Week Calendar and Links** 



Your Cedars community invites you to participate in services and activities, get information, enjoy fellowship, and pause for reflection.

To view our detailed calendar **click here**. Then click on the event titles for more information.

Sunday September 18th 10:00 a.m. In-Person Service in Webster Hall Live-Stream Service Link Social Hour Immediately following

# **News and Announcements**



# **Special Collection for September**

Cedars holds a monthly Special Collection to educate our congregation about the work of various non-profit organizations that reflect our

### **Our Congregational Mission**

Worship with open hearts Nurture a learning spirit Serve justice with compassion Love without judgment values and to channel our generosity in support of them.

On Sunday the 18th of September we will be collecting donations in support of the Bainbridge Island/North Kitsap **CROP Hunger Walk** which is being organized as a community-based fundraising activity on the following Sunday to support the Church World Service mission of transforming communities around the globe through just and sustainable responses to hunger, poverty, displacement and disaster.

Our donations will mean a lot in communities that CWS is assisting. For example, it only takes \$100 to fund a community farming workshop, \$50 will provide enough chickens for two families, and \$18 will provide seeds for a community garden. Please consider donating what you can to this cause.

Cedars will be participating in the Bainbridge Island CROP Hunger walk on September 25th and we want you to walk with us! The walk starts at Eagle Harbor Church at 2 pm.

To sign up, just follow the **link** to the CROP Hunger Walk website, scroll down to browse the team list and look for the Cedars Unitarian Universalist Church team. From there you will be able to sign up to walk with Cedars.

We encourage you to wear an article of clothing representing Cedars to show the community who we are. The website includes information about the route that we will be walking and there is accommodation for anyone who cannot complete the full walk.

We hope to see you there to fight hunger and advocate for access to clean water for folks around the world!

#### Safe Gatherings at Cedars

Our congregation values using sound science and following advice of health agencies to adapt our safety guidelines to the changing status of the COVID-19 virus. You may find our current **COVID Safety Guidelines on the Cedars Website**. It now includes the current Community Risk Level and a table describing what precautions we are implementing for indoor gatherings. We are currently at GREEN, meaning Masking is optional, but Masks are required when singing.

The Cedars Board of Trustees has also decided to no longer require vaccinations at gatherings, though we ask that unvaccinated individuals wear masks and maintain appropriate distancing at all times. Vaccination rates in Kitsap County are now at 80% and we know that a few Cedars people have been unable to obtain vaccines. Our gathering precautions include social and physical distancing and increased ventilation at the current Community Risk Level.



Cedars UU Church is a Welcoming Congregation and Green Sanctuary



#### **Rev. Zackrie Vinczen**



### Parent Chalice Circle

Parents, Grandparents, and caregivers! You are warmly welcome to join this monthly circle where we share in the

questions and experiences of nurturing faith formation in our children and in our own lives.

We typically meet on the second Sunday of the month and utilize the UU Principles as touchstones and reference points for exploration.

Contact **Cory Munson** for more information.

#### **Cedars Monthly Potluck**

Our monthly potlucks are family friendly events!

September's potluck will be on Saturday, September 24th at the Cedars Center

located at 284 Madrona Way NE, #128, Bainbridge Island, WA 98110-2870 from 5:30pm to 8:30pm. The potluck will be held in the large outdoor area behind the Center as weather permits. Please bring a dish to share (main dish, dessert, salad, appetizer, ...). Bring your own beverage and consider carpooling and bringing your own plates/utensils. For parking information please see our Parking Guide.

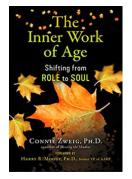
For more information or if you are also interested in hosting a potluck contact **Carolyn or Rod Kempkes**  The people at Cedars UU Church care deeply about each other and the community we have built together. We trust that each person will act responsibly to protect themselves and others using masks, distancing, and other precautions. Following these guidelines will allow more people to gather and join in experiences safely.

We are all in this together, and as we say in unison on Sundays: let's "treat all people kindly because we are one family."

#### Your Cedars Board of Trustees

# Elder Spiritual Study Group

Calling all Crones, Sages, Elders, and Seniors. Are you interested in a study group on the subject of Spiritual Aging? Donna Moore and Johanna Munson are starting a group in the fall. Using



The Inner Work of Age: Shifting from Role to Soul by Connie Sweig, Ph. D. as a guide, we will explore the inner obstacles and embrace the hidden spiritual gifts of aging.

Psychotherapist and bestselling author Connie Zweig uses inner work to uncover and explore our unconscious denial and resistance to aging. "Reclaim your creativity and allow mortality to be a teacher." Woven throughout with wisdom from such prominent elders as Ken Wilber, and Rabbi Rami Shapiro, the text shows ways to embrace a fulfilling late life.

You've filled out your Advance Directive forms, posted your POLST and written your Will, now what do you do? (If you haven't done these vital tasks, contact Johanna at johanna@johannamunson.com!) Sit and wait for the Grim Reaper? Not very UU of you. Obviously, we have to have one last discussion group.

**Details:** 4 sessions, every other week, held on Zoom- no charge

**Time/Dates:** Wednesdays 1-2:30pm, September 28, October 12, October 26, November 9

- The book can be purchased at Eagle Harbor Book Company for 20% off, or online
- Participants are encouraged to actively engage in reflection and discussion, and will need a journal to respond to practices offered in the book.

Contact **Carolyn Kerns** in the Cedars office at <u>office@cedarsuuchurch.org</u> to register.

The previous email address was incorrect. If you have already registered, please do so again. We apologize for the mix up. at ecrkempkes@icloud.com.

# Social Justice Opportunity: Help with September Super Suppers!

On Tuesday, September 27th. we will take action on our Mission to Serve Justice With Compassion. Cedars UU Church partners with Congregation Kol Shalom to serve a monthly meal to people in need. Last month we served chicken and pasta salad to over 30 people. It is so great that people can be together again! Cedars will do the heavy lifting in September to give Kol Shalom a break as they observe their religious holidays. Cedars will provide the entire meal this month, and Kol Shalom will do the same for us in the month of December. How can you help?

- Help set up and serve the meals: Show up at Eagle Harbor Congregational Church on Winslow and Madison between 3:30pm and 4:00pm. Dinner is served at 5:00 pm. Help by setting up tables for service, or assembling take out containers, then cleaning up after.
- **Provide food.** You can help by bringing commercially prepared food; such as green salads, desserts (individually wrapped), loaves of french bread with butter or cans of beverage. The Super Supper Team will purchase meat and vegetarian lasagnas for 35 people with funds you so generously provided at the special collection.

#### Please email **Penny** at

penbrewer@earthlink.net and let her know how you would like to help. Looking forward to your support on TUESDAY September 27th at Eagle Harbor Church on Winslow and Madison.

Thanks so much! Emily Mockett, Helen Nissani, Penny Brewer

## Climate Smart Challenge



Come Join Us

Join the 15 Cedars families who have joined **Climate Smart Bainbridge**. We are the leading group in this program that has now crossed the halfway mark for signing up 250 households and reducing 100 tons of carbon emissions before the end of the year!

The City has been hard at work developing fun and impactful ways to help residents learn about actions to reduce emissions and prepare for the impacts of climate change.

You can access all resources – and learn more about upcoming events and activities on the City **website** focusing on activities, the

#### **Cedars Creativity Fair 2022**

# See What Others Have Been Doing To Cope with Social Isolation

Our identity as a congregational community has been weakened by the Covid-19 pandemic, and one response has been to reimagine virtual versions of the several afterservice **Creativity Fairs** that were held in Webster Hall in recent years.

Organized to provide opportunities to see and enjoy artful products and demonstrations of the creativity present in our talented and capable congregation, those fairs helped us get to know and appreciate each other.

Please join the fun by sharing what you have been doing and enjoy the growing show using the link below!

#### **Cedars Creativity Fair 2022**

**Mary Romeo** says this about her obviously creative granddaughter: "She carefully chose the outfit for her first day at kindergarten."



formation of Climate Smart Teams, and efforts to reduce single-use plastic waste.

Let's keep growing our numbers.

#### Our next gathering is 7:00 pm - 8:00 pm Monday September 19th Zoom Link Meeting ID: 929 048 2386 Phone if Needed: 253-215-8782

If you have any questions, please contact **Mike Cox** at **206-799-3725** or toxman57@gmail.com

### Public Waste Collection

Don't store those unused and unwanted chemicals any longer. Before you pack things away for fall, look for any unused insecticide, herbicides or other chemicals.

Fortunately, for our safety, Kitsap County will collect select household and lawn/garden chemicals for safe disposal at a household chemical collection event on Saturday, September 17th from 10 a.m. to 3 p.m. at 7305 NE Hidden Cove Road on Bainbridge Island. Details are available **here**.

Bring any accepted items to our North Kitsap event and enjoy the extra space on your shelves!

Additionally, styrofoam seems to effortlessly gather in our garages and similarly undersupervised domestic spaces as a byproduct of product packaging and package deliveries. The consequent challenge we face is how to dispose of it without littering our environment or wastefully overfilling our landfills.

Fortunately, In partnership with DTG Recycle, Kitsap County is hosting a styrofoam and mattress recycling collection event for Kitsap County households. This woll be Saturday, Oct. 29, from 9 am - 3 pm at the Kitsap County Fairgrounds Sheep Barn (enter at Tibardis Rd NW).

Questions? Email solidwaste@kitsap.gov.

#### Print the Beacon Newsletter

The Beacon is available to download and print each week. Go to www.cedarsuuchurch.org. The newest issue is available on the Cedars website under News after 12:00 p.m. on Fridays. Copies will also be available at Sunday Worship Services when they resume.

Services and Faith Formation Sundays at 10:00 a.m. The Island School 8553 NE Day Road Bainbridge Island

#### Member Directory

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of the Cedars website and here.

**Rev. Zackrie Vinczen, Minister** For an appointment, e-mail minister@cedarsuuchurch.org For an urgent matter, call (360) 930-9339 (Pastoral Care) Cedars Center 284 Madrona Way, NE #128 Bainbridge Island WA 98110 (206) 780-0373 Archer Philip Faith Formation Lead faith.formation@cedarsuuchurch.org

Carolyn Kerns, Office Administrator Hours: 10:40 a.m. - 3:30 p.m. Tuesday & Friday Available remotely 10 a.m. - 3 p.m. Thursday office@cedarsuuchurch.org

Would you like to subscribe to The Beacon? Email: beacon@cedarsuuchurch.org Do you have an article, event, or announcement? Send it to The Beacon **by Friday at 11:00 a.m. ONE WEEK BEFORE** the next Friday's newsletter (7 days in advance). See our <u>submission guidelines</u>.

Cedars UU Church (website)

