The Beacon

A weekly email newsletter from Cedars Unitarian Universalist Church Serving Bainbridge Island and Northern Kitsap County



Volume 12 Issue 38 / September 23, 2022

Website Faith Formation Calendar

Our Staff Contact Us Join Cedars

Upcoming Services

Special Delivery

Sunday September 25th 10:00 a.m. In-Person Service in Webster Hall

Rev Zackrie Vinczen Tyler Weaver, Worship Associate

Theater has long been a means to share social critique on critical issues.

In this service, we will have fun while considering an example of theater playing such a role.

Time and History

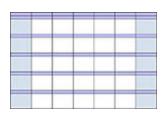
Sunday October 2nd 10:00 a.m. In-Person Service in Webster Hall

Rev Zackrie Vinczen Nancy Philip, Worship Associate

Unitarian minister and theologian James Luther Adams played a major role in shaping contemporary Unitarian Universalist theology.

This service is the second in a series of sermons exploring the legacy of JLA and will focus on his views of Time and History.

Current Week Calendar and Links



Your Cedars community invites you to participate in services and activities, get information, enjoy fellowship, and pause for reflection.

To view our detailed calendar **click here**. Then click on the event titles for more information.

Saturday September 24th 5:30 p.m. Cedars Monthly Potluck

Sunday September 25th
10:00 a.m.
In-Person Service in Webster Hall
Live-Stream Service Link
Social Hour Immediately following

2:00 p.m. Crop Hunger Walk Activity

Wednesday September 28th
1:00 p.m. Elder Spiritual Study Group
Zoom Participation Link

Friday September 30th 6:00 p.m. Cedars Center Game Night

Note: A Special Congregational Information Meeting will be held after the service on October 2nd. The Board of Trustees will share results of the recent survey and engage in conversation about future-oriented findings and suggestions for Cedars UU Church.

News and Announcements

Our Congregational Mission

Worship with open hearts Nurture a learning spirit



Social Justice Action for September

Cedars will be participating in the Bainbridge Island/North Kitsap Crop Hunger walk and we want you to walk with us! The walk starts at Eagle Harbor Congregational Church at 2 pm on September 25th.

To sign up, just go to the **Crop Hunger Walk Cedar's Team website**. From there you will be able to sign up to walk with Cedars. The website includes information about the route that we will be walking and there is accommodation for anyone who cannot complete the full walk.

We encourage you to wear an article of clothing representing Cedars to show the community who we are.

This activity will also be the public demonstration of our commitment to join the larger interdenominational campaign fighting hunger and advocating clean water access around the world that was also the focus of this month's Special Collection at Cedars.

Safe Gatherings at Cedars

Our congregation values using sound science and following advice of health agencies to adapt our safety guidelines to the changing status of the COVID-19 virus. You may find our current COVID Safety Guidelines on the Cedars Website. It now includes the current Community Risk Level and a table describing what precautions we are implementing for indoor gatherings. We are currently at GREEN, meaning Masking is optional, but Masks are required when singing.

The Cedars Board of Trustees has also decided to no longer require vaccinations at gatherings, though we ask that unvaccinated individuals wear masks and maintain appropriate distancing at all times. Vaccination rates in Kitsap County are now at 80% and we know that a few Cedars people have been unable to obtain vaccines. Our gathering precautions include social and physical distancing and increased ventilation at the current Community Risk Level.

The people at Cedars UU Church care deeply about each other and the community we have built together. We trust that each person will act responsibly to protect themselves and others using masks, distancing, and other precautions. Following these guidelines will allow more people to gather and join in experiences safely.

We are all in this together, and as we say in unison on Sundays: let's "treat all people

Serve justice with compassion Love without judgment





Cedars UU Church is a Welcoming Congregation and Green Sanctuary



Rev. Zackrie Vinczen



Parent Chalice Circle

Parents, Grandparents, and caregivers! You are warmly welcome to join this monthly circle where we share in the

questions and experiences of nurturing faith formation in our children and in our own lives.

We typically meet on the second Sunday of the month and utilize the UU Principles as touchstones and reference points for exploration.

Contact **Cory Munson** for more information.



All-Ages Game Night!

Join Faith Formation Lead, Archer Philip, at our Cedars Center meeting room from 6:00 p.m. to 7:00 p.m. on Friday

September 30th for a night of family games.

All are welcome to join in on the fun. Light snacks and refreshments will be provided and we hope to see you there!

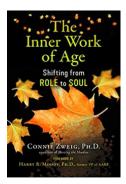
Social Justice Opportunity: Help with

kindly because we are one family."

Your Cedars Board of Trustees

Elder Spiritual Study Group

Calling all Crones, Sages, Elders, and Seniors. Are you interested in a study group on the subject of Spiritual Aging? Donna Moore and Johanna Munson are starting a group in the fall. Using



The Inner Work of Age: Shifting from Role to Soul by Connie Sweig, Ph. D. as a guide, we will explore the inner obstacles and embrace the hidden spiritual gifts of aging.

Psychotherapist and bestselling author Connie Zweig uses inner work to uncover and explore our unconscious denial and resistance to aging. "Reclaim your creativity and allow mortality to be a teacher." Woven throughout with wisdom from such prominent elders as Ken Wilber, and Rabbi Rami Shapiro, the text shows ways to embrace a fulfilling late life.

You've filled out your Advance Directive forms, posted your POLST and written your Will, now what do you do? (If you haven't done these vital tasks, contact Johanna at johannamunson.com!) Sit and wait for the Grim Reaper? Not very UU of you. Obviously, we have to have one last discussion group.

Details: 4 sessions, every other week, held on Zoom- no charge

Time/Dates: Wednesdays 1-2:30pm, September 28, October 12, October 26, November 9

- The book can be purchased at Eagle Harbor Book Company for 20% off, or online
- Participants are encouraged to actively engage in reflection and discussion, and will need a journal to respond to practices offered in the book.

Contact **Carolyn Kerns** in the Cedars office at office@cedarsuuchurch.org to register.

The previous email address was incorrect. If you have already registered, please do so again. We apologize for the mix up.

Cedars Monthly Potluck

Our monthly potlucks are family friendly events!

September's potluck will be on Saturday, September 24th at the Cedars Center located at 284 Madrona Way NE #128, Bainbridge Island, WA 98110-2870 from 5:30pm to 8:30pm. The potluck will be held in

September Super Suppers!

On Tuesday, September 27th. we will act on our mission: Serve Justice With Compassion. Cedars partners with Congregation Kol Shalom to serve a monthly meal to people in need. Last month we served chicken and pasta salad to over 30 people.

Cedars will do the heavy lifting in September to give Kol Shalom a break as they observe their religious holidays. Cedars will provide the entire meal this month, and Kol Shalom will do the same for us in the month of December. How can you help?

- Help set up and serve the meals:
 Show up at Eagle Harbor
 Congregational Church on Winslow and Madison between 3:30pm and 4:00pm. Dinner is served at 5:00 pm. Help by setting up tables for service, or assembling take out containers, then cleaning up after.
- Provide food. You can help by bringing commercially prepared food; such as green salads, desserts (individually wrapped), loaves of french bread with butter or cans of beverage. The Super Supper Team will purchase meat and vegetarian lasagnas for 35 people with funds you so generously provided at the special collection.

Visit **Signup Genius** and indicate how you can help. Questions? Email **Penny** at penbrewer@earthlink.net. Looking forward to your support on TUESDAY September 27th at Eagle Harbor Church on Winslow and Madison.

Thanks so much!
Emily Mockett, Helen Nissani, Penny
Brewer

Pastoral Care Update

It's a new year for Cedars and the Pastoral Care team is looking for people who can help with meals or rides for people who are needing an extra boost. Please take time to fill out the **Pastoral Care Volunteer Interest Form.** We are thankful to the many people who have stepped up in the past few months to help.

In addition, if you find yourself in need of additional support or assistance we encourage you to take a moment to fill out the **Pastoral Care Request Form** to let our Pastoral Care team know how we can be of support.

For more information about this effort please contact **Rev. Zackrie** at minister@cedarsuuchurch.org or send an email to pastoralcare@cedarsuuchurch.org.

Climate Smart Challenge

Come Join Us

the large outdoor area behind the Center as weather permits. Please bring a dish to share (main dish, dessert, salad, appetizer, ...). Bring your own beverage and consider carpooling and bringing your own plates/utensils. For parking information please see our <u>Parking Guide</u>.

For more information or if you are also interested in hosting a potluck contact **Carolyn or Rod Kempkes**

at ecrkempkes@icloud.com.

Cedars Creativity Fair 2022

See What Others Have Been Doing To Cope with Social Isolation

Our identity as a congregational community has been weakened by the Covid-19 pandemic, and one response has been to reimagine virtual versions of the several afterservice **Creativity Fairs** that were held in Webster Hall in recent years.

Organized to provide opportunities to see and enjoy artful products and demonstrations of the creativity present in our talented and capable congregation, those fairs helped us get to know and appreciate each other.

Please join the fun by sharing what you have been doing and enjoy the growing show using the link below!

Cedars Creativity Fair 2022

Jeff Philip captured a full circle rainbow misting from an Alaskan waterfall while celebrating (and exploring) his arrival on the far side of retirement.



Join the 15 Cedars families who have joined Climate Smart Bainbridge.

We are the leading



group in this program that has now crossed the halfway mark for signing up 250 households and reducing 100 tons of carbon emissions before the end of the year!

The City has been hard at work developing fun and impactful ways to help residents learn about actions to reduce emissions and prepare for the impacts of climate change.

You can access all resources – and learn more about upcoming events and activities on the City **website** focusing on activities, the formation of Climate Smart Teams, and efforts to reduce single-use plastic waste.

Let's keep growing our numbers.

If you have any questions, please contact **Mike Cox** at **206-799-3725** or <u>toxman57@gmail.com</u>

Public Waste Collection



Styrofoam & Mattress Recycle Collection Event

Styrofoam seems to effortlessly gather in our garages and similarly under-supervised domestic spaces as a byproduct of product packaging and package deliveries. The consequent challenge is how to dispose of it without littering our environment or wastefully overfilling our landfills.

Fortunately, In partnership with **DTG Recycle**, Kitsap County is hosting a styrofoam and mattress recycling collection event for Kitsap County households. This will be Saturday, October 29, from 9 am - 3 pm at the Kitsap County Fairgrounds Sheep Barn (enter at Tibardis Rd NW).

Questions? Email solidwaste@kitsap.gov.

Print the Beacon Newsletter

The Beacon is available to download and print each week. Go to www.cedarsuuchurch.org. The newest issue is available on the Cedars website under News

Member Directory

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of the Cedars after 12:00 p.m. on Fridays. Copies will also be available at Sunday Worship Services when they resume.

website and here.

Services and Faith Formation Sundays at 10:00 a.m. The Island School 8553 NE Day Road Bainbridge Island

Cedars Center

284 Madrona Way, NE #128 Bainbridge Island WA 98110 (206) 780-0373

Rev. Zackrie Vinczen, Minister For an appointment, e-mail minister@cedarsuuchurch.org For an urgent matter, call (360) 930-9339 (Pastoral Care)

Archer Philip

Faith Formation Lead faith.formation@cedarsuuchurch.org

Carolyn Kerns, Office Administrator

Hours: 10:40 a.m. - 3:30 p.m. Tuesday & Friday Available remotely 10 a.m. - 3 p.m. Thursday office@cedarsuuchurch.org

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Do you have an article, event, or announcement?
Send it to The Beacon by Friday at 11:00 a.m. ONE WEEK BEFORE the next Friday's newsletter (7 days in advance). See our submission guidelines.

Cedars UU Church (website)



