# The Beacon

A weekly email newsletter from Cedars Unitarian Universalist Church Serving Bainbridge Island and Northern Kitsap County



Volume 12 Issue 41 / October 14, 2022

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# **Upcoming Services**

#### When Myth Becomes Reality

Sunday October 16th 10:00 a.m. In-Person Service in Webster Hall

Rev Zackrie Vinczen Johanna Munson, Worship Associate

Given enough time, the origin stories of just about any organization become steeped in myth. Sometimes this is intentional and other times not.

In this service we will look at examples of such origin stories and the reason myth becomes reality.

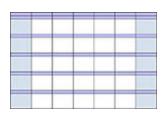
#### **Sharing our Call to Climate Action**

Sunday October 23rd 10:00 a.m. In-Person Service in Webster Hall

John Kydd, Guest Speaker Penny Brewer, Fran Korten, and Mike Cox, Worship Associates

As each of us has come to understand the threat of climate change, we have been called to take some kind of action. In this service we will explore the actions we feel called to take, small or large, all are important.

#### **Current Week Calendar and Links**



Your Cedars community invites you to participate in services and activities, get information, enjoy fellowship, and pause for reflection.

To view our detailed calendar **click here**. Then click on the event titles for more information.

Saturday October 15th 5:30 p.m. Monthly Potluck

Sunday October 16th 10:00 a.m. In-Person Service in Webster Hall Live-Stream Service Link Coffee hour immediately following

11:15 a.m. UU History with Rev. Zackrie

Monday October 17th 9:00 a.m. Get-Out-the-Vote postcards 7:00 p.m. Climate Smart Challenge

Tuesday October 18th 3:00 p.m. Get-Out-the-Vote postcards

7:00 p.m. Board of Trustees Meeting

Thursday October 20th 5:00 p.m. Get-Out-the-Vote postcards

#### **News and Announcements**

### Let Us Be a Beacon

Rev. Zackrie recently wrote the following message to help guide us back into the active

### **Our Congregational Mission**

Worship with open hearts

and fondly remembered congregational community we know as Cedars:

The past two years have caused many of us to focus our attention inward. But now is the time for us to get beyond ourselves again, and ask the question "how can we help?" How can we help address hunger in our own community? How can we help assure resources for housing and healthcare are available? How can we comfort the afflicted among us? How can we get beyond ourselves and meet the people we are called to serve where they are?

These are the questions that leadership at Cedars is hoping to wrestle with this year, and we are inviting all of you into this wrestling—helping to create opportunities to learn, grow, and serve together as we resist the urge to turn inward and instead seek to find answers to the question "how can we help?"

If this is the kind of church you want to be a part of, you can play a role in making this happen by joining the **Social Justice Team's** planning efforts, or simply showing up with a willing attitude at one of the many service events we are organizing.

Let's make this year the year that Cedars emerges from the depths of the pandemic as a mission-focused congregation set on blessing the world. Let us be a beacon of light in a dark and lonely time.

# Cedars is Getting Active Again!

It is wonderful to see so many familiar faces in person again. Whether it is on Sunday at



Worship Service, at Social Justice efforts or gatherings just to be together and enjoy one another's company, this is the part of Cedars that I love. Nancy and I are looking forward to heading over to the Maher's house for the Monthly Potluck tomorrow. And with the election coming up, we are focusing on getting out the vote, because more voters means a healthier Democracy.

Your engagement in these events also makes for a healthier Cedars Community. Our future will be filled with new faces and new opportunities to gather, grow friendships, and change the world for the better. That is where you come in.

Everyone can also take action to ensure Cedars UU Church thrives in the months ahead. What can you do?

- Participate: There are great opportunities to gather together for fun or purpose. <u>Check the Calendar</u>.
- Be Radically Welcoming: Here is a great article on <u>How to find your new</u> <u>best friend</u>.
- Share your affiliation with Cedars:
  Who knows which of your friends may

Nurture a learning spirit Serve justice with compassion Love without judgment





Cedars UU Church is a Welcoming Congregation and Green Sanctuary



Rev. Zackrie Vinczen

# A UU History for All

After the Coffee Hour following our Sunday Service on **October 16th**, Rev. Zackrie will host an overview and discussion session on Unitarian Universalist history on the Webster Hall stage. This informative session will trace the origins and development of our liberal faith tradition with time for questions and further discussion about its presence and relevance in our current time.

#### **Musical Notes**

So much hard work and dedication goes into providing music each week for our Sunday services. And each week we are grateful for those willing to make music and lead us all in song. This week, we want to offer a special thanks to **Peter Spencer** for leading music this coming Sunday.

#### **Sunday Hymns:**

There is a Balm in Gilead (#1045)
Be Ours a Religion (#1058)
Come and Go with Me (#1018)

# Parent Chalice Circle

Parents, Grandparents,

also find value in our congregation?

Someone also asked if they could increase their annual pledge. Of course, anyone may change their pledge at any time. <u>Just go to the Online Pledge Form</u>. Everyone's generosity helps.

Jeff Philip President, Board of Trustees

### Safe Gatherings at Cedars

Our congregation values using sound science and following advice of health agencies to adapt our safety guidelines to the changing status of the COVID-19 virus. You may find our current COVID Safety Guidelines on the Cedars Website. It now includes the current Community Risk Level and a table describing what precautions we are implementing for indoor gatherings. We are currently at GREEN, meaning Masking is optional, but Masks are required when singing.

The people at Cedars UU Church care deeply about each other. We trust that each person will act responsibly to protect themselves and others using masks, distancing, and other precautions. Following these guidelines will allow more people to gather and join in experiences safely.

**Your Cedars Board of Trustees** 

# Special Collection for October



Cedars holds a
Special Collection monthly for community
outreach as a way to educate our
congregation about the work of various nonprofit organizations that reflect our values and
to channel our generosity in support of them.

On October 23rd , the Social Justice Committee will be collecting donations for **Earth Justice**. Earth Justice is nonprofit public interest environmental law organization. They use the power of the law to combat climate change, to advance clean energy, and to protect people's health.

Your gifts will help Earth Justice work with Tribes in the Northwest to ensure that their natural and cultural resources are protected for future generations and to increase resiliency of our ocean and forest ecosystems to climate change.

Please give generously. If you would like to receive a tax deduction for your donation, please write a check payable to Cedars UU Church with Earth Justice in the memo to place in the offering basket or send it to the Cedars Church Office by October 30th.



and caregivers! You are warmly welcome to join this monthly circle where we share in the questions and experiences of nurturing faith formation in our children and in our own

lives.

We typically meet on the second Sunday of the month and utilize the UU Principles as touchstones and reference points for exploration.

Join us on Zoom.

Contact Cory Munson for more information.

#### **Cedars Summer Potluck**

Please join us for our last summer potluck, from 5:30 pm to 8:30 pm on October 15th, at the home of Mandy and Jason Maher at **17830 Angeline Avenue South**, in Suquamish,

Bring a dish to share (main dish, dessert, salad, appetizer, ...) along with your own beverage and your own plates/utensils, and consider carpooling.

Parking is available at Old Man House Park, next to their home.

For more information, contact **Carolyn or Rod Kempkes**. Our potlucks are family friendly events held at members' homes.

# Climate Smart Challenge

Come join 16 other Cedars families who have joined the





The program is designed to help all of us reduce our contributions to climate change. The program provides lots of ideas on actions any household can take. We are the leading group on the Island. Let's keep growing our numbers. Our next gathering is **Monday October 17th**, 7:00 pm - 8:00 pm

#### **Zoom Link**

Meeting ID: 929 048 2386 Phone if Needed: 253-215-8782

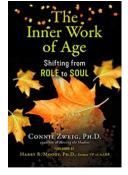
If you have any questions, please contact **Mike Cox** at **206-799-3725** or toxman57@gmail.com.

#### **Pastoral Care Update**

It's a new year for Cedars and the Pastoral Care team is looking for people who can help

# Elder Spiritual Study Group

Calling all Crones, Sages, Elders, and Seniors. Are you interested in a study group on the subject of Spiritual Aging? Donna Moore and Johanna Munson are starting a group in the fall. Using



The Inner Work of Age: Shifting from Role to Soul by Connie Sweig, Ph. D. as a guide, we will explore the inner obstacles and embrace the hidden spiritual gifts of aging.

Psychotherapist and bestselling author Connie Zweig uses inner work to uncover and explore our unconscious denial and resistance to aging. "Reclaim your creativity and allow mortality to be a teacher." Woven throughout with wisdom from such prominent elders as Ken Wilber, and Rabbi Rami Shapiro, the text shows ways to embrace a fulfilling late life.

You've filled out your Advance Directive forms, posted your POLST and written your Will, now what do you do? (If you haven't done these vital tasks, contact **Johanna**) Sit and wait for the Grim Reaper? Not very UU of you. Obviously, we have to have one last discussion group.

**Details:** 4 sessions, every other week, held on Zoom- no charge

**Time/Dates:** Wednesdays 1-2:30pm, October 12, October 26, November 9

- The book can be purchased at Eagle Harbor Book Company for 20% off, or online
- Participants are encouraged to actively engage in reflection and discussion, and will need a journal to respond to practices offered in the book.

Registration for this group is now closed. If you have any questions, contact Johanna Munson.

#### Sad News

We learned this week that **John Poh** died recently. John and Linda Poh were past members of Cedars and attended meditation group gatherings, and John belonged to the Cedars Men's group.

John died on September 28 in their Chicago condo from pneumonia with a low white blood count due to a long-term chronic blood disorder (similar to John's Peck's disorder). Linda plans to eventually return to their home on Bainbridge Island. We miss John and are holding Linda in our hearts.

#### Super Supper Sign-Ups

Cedars, in partnership with Kol Shalom, offers

with meals or rides for people who are needing an extra boost. Please take time to fill out the **Pastoral Care Volunteer Interest Form.** We are thankful to the many people who have stepped up in the past few months to help.

In addition, if you find yourself in need of additional support or assistance we encourage you to take a moment to fill out the **Pastoral Care Request Form** to let our Pastoral Care team know how we can be of support.

For more information about this effort please contact **Rev. Zackrie** or send an email to pastoralcare@cedarsuuchurch.org.

### Walking the St. Olav's Way

Who was Saint Olav? Why is there a collection of "ways" in Norway and Sweden bearing his name? And why would anyone want to walk hundreds of miles to visit the place he is supposedly buried? After our Sunday service on October 23 please join Cedars Member Rod Kempkes to explore these questions and enjoy a slide show about the 350 mile walk he took this summer with his daughter, Erin, and wife, Carolyn, from Oslo to Trondheim along one the St. Olav's ways, one of many ancient pilgrimage routes from the middle ages.

Please come to our regular Sunday service on the 23rd if you can. Look for more about that service in next week's Beacon. Rod's talk will begin around 11:15 am after the service in Webster Hall and go for about 30 minutes with plenty of time for questions and answers. All ages are invited to attend his family friendly presentation.



#### Get Out the Vote!

Cedars Social Justice Committee is asking for your help to write postcards to encourage people to vote in the upcoming mid-term elections. Indivisible Bainbridge has provided us with addresses and suggested messages that we can use in the postcards.

There will be several opportunities for helping:

Come to the Cedars Center and we can

write together Monday October 17th at 9:00 am Super Supper dinners on the last Tuesday of each month. Super suppers are a free meal for those in need provided by members of the Bainbridge Island Interfaith Council.

We now have a regular sign-up for you to use each month so that all in our congregation have a chance to participate. Please consider signing up for one or more slots **here**.

Please contact **Penny Brewer** for more information.

This month's Super Supper is scheduled for October 25.

#### **Cedars Creativity Fair 2022**

# See What Others Have Been Doing To Cope with Social Isolation

Our identity as a congregational community has been weakened by the COVID-19 pandemic, and one response has been to reimagine virtual versions of the several afterservice **Creativity Fairs** that were held in Webster Hall in recent years.

Organized to provide opportunities to see and enjoy artful products and demonstrations of the creativity present in our talented and capable congregation, those fairs helped us get to know and appreciate each other.

Please join the fun and enjoy the growing show using the link below! If you have something to share, send a photo and description to office@cedarsuuchurch.org.

### **Cedars Creativity Fair 2022**

**Keri Schmit** says (to Rev Zackrie), "Enjoyed getting to hear you preach this morning from the comfort of my home in Ecuador!"



Thursday October 20th at 5:00 pm

Pick up postcards at the October 16th

Tuesday October 18th at 3:00 pm

# Pick up postcards at the October 16th Service and write at home

You can write the postcards at Sunday services and return to the Centers Center by October 20th. I will pick them up and take to Indivisible.

# Meet at Town and Country with Indivisible on October 12th and 19th

You can meet with Indivisible upstairs at the Town and Country on Winslow Way on Wednesday October 12th or 19th from 2:00 pm to 3:30 pm.

If you have any questions, please contact **Mike Cox** at <u>toxman57@gmail.com</u> or call at **206-799-3725**.

#### **Public Waste Collection**



# Styrofoam & Mattress Recycle Collection Event

Styrofoam seems to effortlessly gather in our garages and similarly under-supervised domestic spaces as a byproduct of product packaging and package deliveries. The consequent challenge is how to dispose of it without littering our environment or wastefully overfilling our landfills.

Fortunately, In partnership with **DTG Recycle**, Kitsap County is hosting a styrofoam and mattress recycling collection event for Kitsap County households. This will be Saturday, October 29, from 9 am - 3 pm at the Kitsap County Fairgrounds Sheep Barn (enter at Tibardis Rd NW).

Questions? Email solidwaste@kitsap.gov.

#### Print the Beacon Newsletter

The Beacon is available to download and print each week. Go to www.cedarsuuchurch.org. The newest issue is available on the Cedars website under News after 12:00 p.m. on Fridays. Copies will also be available at Sunday Worship Services when they

### **Member Directory**

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of the Cedars website and here.

Services and Faith Formation Sundays at 10:00 a.m. The Island School 8553 NE Day Road Bainbridge Island

#### **Cedars Center**

284 Madrona Way, NE #128 Bainbridge Island WA 98110 (206) 780-0373

Rev. Zackrie Vinczen, Minister For an appointment, e-mail minister@cedarsuuchurch.org For an urgent matter, call (360) 930-9339 (Pastoral Care)

### **Archer Philip**

Faith Formation Lead faith.formation@cedarsuuchurch.org

#### Carolyn Kerns, Office Administrator

Hours: 10:40 a.m. - 3:30 p.m. Tuesday & Friday Available remotely 10 a.m. - 3 p.m. Thursday office@cedarsuuchurch.org

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Cedars UU Church (website)



