The Beacon

A weekly email newsletter from Cedars Unitarian Universalist Church Serving Bainbridge Island and Northern Kitsap County

Volume 13 Issue 41 / October 13, 2023



Our Staff Contact Us Join Cedars

Website Faith Formation Calendar

Upcoming Services

Brunch & Banter: Cedars Community Conversation

Sunday October 15th 10:00 a.m. In-Person Service in Webster Hall [No Live Stream]

Nancy Philip, Service Leader

Join us for a time of gathering, sharing meals, hymns, and meaningful conversations. Nancy Philip will lead with a reflection and facilitate the program. Bring your curiosity, questions, and wisdom to share—plus, your favorite Brunch-y dish! Let's connect and celebrate human togetherness.

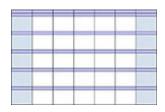
Going Gentle into that Good Night

Sunday October 22nd 10:00 a.m. In-Person Service in Webster Hall

Alan Miller, Service Leader Johanna Munson, Worship Associate

From the ancient near East to the modern West, attitudes toward death and the possibility of an after-life have followed a bell curve from pessimism through optimism to pessimism again. But throughout, love redeems what can be redeemed when we consider our own mortality.

Current Week Calendar and Links



Your Cedars community invites you to participate in services and activities, get information, enjoy fellowship, and pause for reflection.

To view our detailed calendar **click here**. Then click on the event titles for more information.

Sunday October 15th 10:00 a.m. In-Person Service in Webster Hall No Live Stream

Monday October 16th 7:00 p.m. Climate Smart Challenge Zoom link

Thursday October 19th 10:00 a.m. Estate Planning 101

News and Announcements

Exploring Meditation

Join us for a new monthly meditation gathering on the 4th Wednesday of each month at the Cedars Center (located at 284 Madrona Way #128 in Winslow).



Throughout our session, we will delve into a variety of meditation techniques. As we meditate together, you'll have the opportunity to explore these techniques deeply. As the session draws to a close, there will be a chance to pose inquiries and, if you wish, share your personal meditation experiences with others.

Mark your calendar for the following dates from 5:00 to 6:00 p.m.

- October 25th
- November 29th
- No Meeting in December
- January 24th
- February 28th
- March 27th
- April 24th
- May 29th
- June 26th

If you would like more information, please reach out to Rev. Zackrie.
minister@cedarsuuchurch.org
360-930-9339



Open Mic Science Returns

You are invited to an evening at The Treehouse Café on Bainbridge Island to explore ideas in all aspects of science and technology in an informal, social setting. Talks are to be held the second Tuesday of every month at 7 p.m.

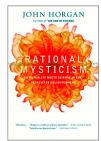
Subscribe to the Open Mic Science newsletter to see future events by going to https://openmicscience.weebly.com/

So come and enjoy pizza and beer and stay abreast of current science and technology.

If you have any questions, please reach out to **Mike Cox** at **toxman57@gmail.com**.

Evans Reading Group

The Evans Reading Group is pleased to invite your participation in our practice of reading and discussing books that can intrigue and might enlighten us in seeking



enlighten us in seeking "Salvation by Bibliography" as our late friend Marvin Evans used to say.

Our next selection is Rational

Cedars UU Church is a Welcoming Congregation and Green Sanctuary

Our Congregational Mission

Worship with open hearts Nurture a learning spirit Serve justice with compassion Love without judgment



Rev. Zackrie Vinczen

Musical Notes

Much hard work and dedication goes into providing music for our Sunday services. And each week we are grateful for those willing to make music and lead us all in song.

This week we offer special thanks to **Meredith Patterson** for music accompaniment.

Sunday Hymns:

Spirit of Life (#123)

For All That Is Our Life (#128) Hymn of the Month

Safe Gatherings at Cedars

Based on the recent decision to no longer require masking in health care facilities in Washington State, the Board of Trustees has decided that Cedars will no longer ask people to mask up while singing at Sunday Services.

We will always honor people's individual choice to wear a mask at any time.

Current COVID Safety - Cedars Unitarian Universalist Church (cedarsuuchurch.org)

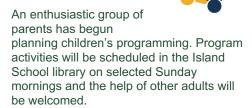
Estate Planning 101: Your Life and Legacy

Mysticism --Spirituality Meets Science in the Search for Enlightenment, by John Horgan.

How do trances, visions, prayer, satori, and other mystical experiences "work"? Is there a scientific explanation for religious mysteries and transcendent meditation? This book chronicles advanced research into the mechanics and meaning of mystical phenomena, exploring chemistry, neuroscience, psychology, anthropology, theology, and more, to narrow the gap between reason and mystical experience.

Join us for an interesting discussion via Zoom at 1:30 p.m. on Wednesday November 8th. If you would like to be on our email list, let **Mary Romeo** know.

Children's Faith Formation Needs You



Seeing an active children's Faith Formation effort getting off the ground again is exhilarating. To volunteer your assistance, please email Jeff Philip at president@cedarsuuchurch.org.

Super Supper Sign-Ups

Cedars, in partnership with Kol Shalom, offers Super Supper dinners on the last Tuesday of each month.

Super suppers are a free meal for those in need provided by members of the Bainbridge Island Interfaith Council.

We now have a regular sign-up for you to use each month so that all in our congregation have a chance to participate. Please consider signing up for one or more slots **here**.

For more information contact **Mike Cox** at **206-799-**

3725 or toxman57@gmail.com.



Join us for this Community Conversations event on Thursday, October 19th, 10-11:30 a.m.

During this complimentary Kitsap Community Foundation session hosted by Kitsap Unitarian Universalist Fellowship (4418 Perry Ave. Bremerton), you will learn about estate planning, why it is important, and key estate planning documents that everyone should consider:

- Wills maintain control of assets during your lifetime
- Trusts save on taxes while planning for the future
- Donor-Advised Funds make a donation, support your favorite charities, and grow the funds
- Life Insurance protecting your beneficiaries and supporting your favorite charities tax-free

You are welcome (and encouraged) to bring guests and advisors.
Seating is limited. Please RSVP by clicking here or calling (360) 698-3622.

Kitsap Community Foundation is a 501(c) (3) organization, working to create an equitable, sustainable culture of philanthropy in our community.



Writing as a Spiritual Practice

Discover the profound depths within yourself and the world around you through the transformative power of writing. Throughout the centuries, writing has served as a spiritual practice, illuminating hidden truths and connecting us to something greater.

Join the Cedars Spiritual Writing Group, a new monthly writing experience facilitated by Rev. Zackrie. During each of these gatherings, you will be offered prompts that nourish your creative spirit, ignite your inspiration, and invite you into questioning. Moreover, these gatherings will also provide a space for deep reflection, contemplation, and sharing. Whether you choose to attend a single session or embark on the full journey, each gathering will offer the promise of a meaningful exploration of self and soul.

So mark your calendar for the following dates from 5-6 p.m.:

Climate Circle Conversations

In 2022, the Bainbridge Island/North Kitsap Interfaith Council (IFC) formed the Climate Circle, "to promote awareness of individual and shared actions to mitigate and adapt to climate change," with several Cedars members helping to organize the program, which currently has about twenty members from different congregations and faith traditions.

The Climate Circle is launching a month of climate conversations of various kinds and inviting participation. The goal of this initiative is "to increase awareness of what individuals, congregations, and the whole community of faith organizations can do to address climate change."

For more information contact Mike Cox at 206-799-3725 or toxman57@gmail.com.

Cedars Creativity Fair 2023

See What Others Have Been Doing

Our identity as a congregational community is strengthened by the activities and gatherings we enjoy together, as well as by the ways we can find to know each other better.

In past years we organized occasional Creativity Fairs to share individual interests and capabilities following Webster Hall services, and in response to the more recent pandemic we have shifted to on-line or virtual versions of those fairs.

Organized to provide opportunities to see and enjoy artful products and demonstrations of the creativity present in our talented and capable congregation, those fairs helped us get to know and appreciate each other.

Continuing that sharing of individual interests and creativity, please join the fun and enjoy the growing show using the link below! If you have something to share, send a photo and description to office@cedarsuuchurch.org.

Creativity Fair

David Barnes says: "Picked this beautiful little guy off my trailer before he went for a ride. He will be much happier in the bushes."

- November 8th: On Gratitude
- December 13th: Reviving Spiritual Traditions
- January 10th: Dwelling in Our Bodies
- February 14th: Moments in Between
- March 13th: Allowing Emptiness
- April 10th: Responding to Art
- May 8th: Encounters in the Wild
- June 12th: TBD

Each session will take place at the Cedars Center in Winslow (284 Madrona Way #128).

If you would like more information, please reach out to Rev. Zackrie.
minister@cedarsuuchurch.org
360-930-9339

Climate Café

Saturday, October 28th 10:00 a.m. – 12:00 Noon



Seating begins at 9:45 a.m.

Grace Episcopal Church 8595 NE Day Rd, Bainbridge Island

The Climate Café is a safe place for people to come together in circles of trust to share and bear witness to the varied personal perceptions they have about the future of our Earth home and our interconnected lives. This is not a place for educating, promoting or convincing, but one of compassionate companioning one another on this shared journey.

Participants are welcome to bring a small plate of finger foods to share at a midevent break.

RESERVATION REQUIRED (Seating is limited) To register: Email your name & phone # to

climatecafe.earth@gmail.com

For more information, please contact Michael Cox: toxman57@gmail.com

Climate Smart Challenge



Come and learn from **Fran Korten** about

sustainable transportation on Bainbridge Island and

how we can reduce our carbon footprints. Also, we catch up on what people have done over the past several months.

We will also note and discuss the **Cedars Climate Pledge** created earlier.

Monday October 16th 7:00 – 8:00 pm Zoom Link Meeting ID: 929 048 2386



Phone if Needed: 253-215-8782

If you have any questions, please contact Mike Cox at 206-799-3725 or toxman57@gmail.com.

Fran Korten will give an additional presentation after the October 22nd service focusing particularly on active transportation (biking, walking, rolling), including the history of bike advocacy on the Island and what is happening now.

Print the Beacon Newsletter

The Beacon is available to download and print each week. Go to www.cedarsuuchurch.org. The newest issue is available on the Cedars website

Services and Faith Formation Sundays at 10:00 a.m. The Island School

Cedars Center

284 Madrona Way, NE #128 Bainbridge Island WA 98110 (206) 780-0373

Member Directory

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of the Cedars website and here.

Rev. Zackrie Vinczen, Minister For an appointment, e-mail minister@cedarsuuchurch.org

Position open

Carolyn Kerns, Office Administrator office@cedarsuuchurch.org

Do you have an article, event, or announcement? Send it to The Beacon **by Friday at 11:00 a.m. ONE WEEK BEFORE** the next Friday's newsletter (7 days in advance). See our <u>submission guidelines</u>.

Cedars UU Church (website)





Cedars Unitarian Universalist Church | 284 Madrona Way NE, #128, Bainbridge Island, WA 98110

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