## The Beacon

A weekly email newsletter from Cedars Unitarian Universalist Church Serving Bainbridge Island and Northern Kitsap County



Volume 13 Issue 43 / October 27, 2023

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## **Upcoming Services**

#### **All Souls Day**

Sunday October 29th 10:00 a.m. In-Person Service in Webster Hall

Rev. Zackrie Vinczen Gregory Cook, Worship Associate

Reflecting on the lives of our departed loved ones and their impact can bring profound meaning to our lives. This week, we extend an invitation to partake in a reflective ritual, exploring our ongoing connections with those departed and how they enrich our existence. Join us for this service and consider bringing pictures of your loved ones to place on our communal table.

#### **Holding Joy and Sorrow**

Sunday November 5th 10:00 a.m. In-Person Service in Webster Hall

Eve Palay, Service Leader Gregory Cook, Worship Associate

We can't let the troubles we all have overcome the joy that moves us forward. Trans folk are not the only ones to hold this to be true, but we are the most visible these days. People know our troubles, and we need to let them know our joy.

#### **Current Week Calendar & Links**



Your Cedars community invites you to participate in services and activities, get information, enjoy fellowship, and pause for reflection.

To view our detailed calendar **click here**. Then click on the event titles for more information.

Saturday October 28th 9:45 a.m. seating (by reservation) Climate Café at Grace Episcopal Church

Sunday October 29th
10:00 a.m.
In-Person Service in Webster Hall
Live-Stream Link
Coffee and Social time following

4:00 p.m. Rescheduled IFC Super Supper

Tuesday October 31 Halloween (all day)

Wednesday November 1st 7:00 p.m. Interfaith Climate Circle Saint Barnabas Church

#### **News and Announcements**

**Exploring Meditation** 

Join us for a monthly meditation gathering on the 4th Wednesday of each month at the Cedars Center (located at 284 Madrona Way #128 in Winslow).



Throughout our session, we will delve into a variety of meditation techniques. As we meditate together, you'll have the opportunity to explore these techniques deeply. As the session draws to a close, there will be a chance to pose inquiries and, if you wish, share your personal meditation experiences with others.

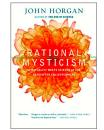
Mark your calendar for the following dates from 5:00 to 6:00 p.m.

- November 29th
- No Meeting in December
- January 24th
- February 28th
- March 27th
- April 24th
- May 29th
- June 26th

If you would like more information, please reach out to Rev. Zackrie. minister@cedarsuuchurch.org 360-930-9339

## **Evans Reading Group**

The Evans Reading Group is pleased to invite your participation in our practice of reading and discussing books that can intrigue and



might enlighten us in seeking "Salvation by Bibliography" as our late friend Marvin Evans used to say.

Our next selection is **Rational Mysticism --Spirituality Meets Science in the Search for Enlightenment**, by
John Horgan.

How do trances, visions, prayer, satori, and other mystical experiences "work"? Is there a scientific explanation for religious mysteries and transcendent meditation? This book chronicles advanced research into the mechanics and meaning of mystical phenomena, exploring chemistry, neuroscience, psychology, anthropology, theology, and more, to narrow the gap between reason and mystical experience.

Join us for an interesting discussion via Zoom at 1:30 p.m. on Wednesday November 8th. If you would like to be on our email list, let Mary Romeo know.



Cedars UU Church is a Welcoming Congregation and Green Sanctuary

#### **Our Congregational Mission**

Worship with open hearts Nurture a learning spirit Serve justice with compassion Love without judgment



Rev. Zackrie Vinczen

#### **Musical Notes**

Much hard work and dedication goes into providing music for our Sunday services. And each week we are grateful for those willing to make music and lead us all in song.

This week we offer special thanks to **Nick Colletto** for music accompaniment.

#### **Sunday Hymns:**

We Are Not Our Own (#317)

Abide with Me (#101)

For All That Is Our Life (#128) Hymn of the Month

#### Safe Gatherings at Cedars

Based on the recent decision to no longer require masking in health care facilities in Washington State, the Board of Trustees has decided that Cedars will no longer ask people to mask up while singing at Sunday Services.

We will always honor people's individual choice to wear a mask at any time.

Current COVID Safety - Cedars Unitarian Universalist Church

# Children's Faith Formation Needs You

An enthusiastic group of parents has begun planning children's programming. Program activities will be scheduled in the Island School library on selected Sunday mornings and the help of other adults will be welcomed.

Seeing an active children's Faith Formation effort getting off the ground again is exhilarating. To volunteer your assistance, please email Jeff Philip at president@cedarsuuchurch.org.

### Super Supper Sign-Ups

Cedars, in partnership with Kol Shalom, offers Super Supper dinners on the last Tuesday of each month. Note however, that this week's activity is on Sunday rather than Tuesday.

Super suppers are a free meal for those in need provided by members of the Bainbridge Island Interfaith Council.

We now have a regular sign-up for you to use each month so that all in our congregation have a chance to participate. Please consider signing up for one or more slots **here**.

For more information contact **Mike Cox** at **206-799-**

3725 or toxman57@gmail.com.



#### Celebrating the Web of Life

Wednesday, November 1st 7:00 pm – 8:00 pm Saint Barnabas Church 1187 Wyatt Way NW, Bainbridge Island, WA 98110

The Interfaith Climate Circle is hosting an evening of prayer and song committing ourselves to this Sacred Earth and All Beings.

Please join us as we gather to share what individuals, congregations, and the whole community of faith organizations can do to address climate change.

Please bring an altar item representing

(cedarsuuchurch.org)



#### Writing as a Spiritual Practice

Discover the profound depths within yourself and the world around you through the transformative power of writing. Throughout the centuries, writing has served as a spiritual practice, illuminating hidden truths and connecting us to something greater.

Join the **Cedars Spiritual Writing Group**, a new monthly writing experience facilitated by Rev. Zackrie.

During each of these gatherings, you will be offered prompts that nourish your creative spirit, ignite your inspiration, and invite you into questioning. Moreover, these gatherings will also provide a space for deep reflection, contemplation, and sharing. Whether you choose to attend a single session or embark on the full journey, each gathering will offer the promise of a meaningful exploration of self and soul.

So mark your calendar for the following dates from 5-6 p.m.:

- November 8th: On Gratitude
- December 13th: Reviving Spiritual Traditions
- January 10th: Dwelling in Our Bodies
- February 14th: Moments in Between
- March 13th: Allowing Emptiness
- April 10th: Responding to Art
- May 8th: Encounters in the Wild
- June 12th: TBD

Each session will take place at the Cedars Center in Winslow (284 Madrona Way #128).

If you would like more information, please reach out to Rev. Zackrie. minister@cedarsuuchurch.org 360-930-9339

#### Climate Café

Saturday, October 28th your love of the planet to share.

For more information contact Mike Cox at 206-799-3725 or toxman57@gmail.com.

#### **Cedars Creativity Fair 2023**

#### See What Others Have Been Doing

Our identity as a congregational community is strengthened by the activities and gatherings we enjoy together, as well as by the ways we can find to know each other better.

In past years we organized occasional Creativity Fairs to share individual interests and capabilities following Webster Hall services, and in response to the more recent pandemic we have shifted to on-line or virtual versions of those fairs.

Organized to provide opportunities to see and enjoy artful products and demonstrations of the creativity present in our talented and capable congregation, those fairs helped us get to know and appreciate each other.

Continuing that sharing of individual interests and creativity, please join the fun and enjoy the growing show using the link below! If you have something to share, send a photo and description to office@cedarsuuchurch.org.

#### **Creativity Fair**

Audrey Watson, adventuring in Morocco, says "The camels go very slow and there is a metal bar to hold onto at the front of the saddle. Hardest is when they stand up and get back down -- you are at a steep angle!"



10:00 a.m. – 12:00 Noon

Seating begins at 9:45 a.m.



Grace Episcopal Church 8595 NE Day Rd, Bainbridge Island

The Climate Café is a safe place for people to come together in circles of trust to share and bear witness to the varied personal perceptions they have about the future of our Earth home and our interconnected lives. This is not a place for educating, promoting or convincing, but one of compassionate companioning one another on this shared journey.

Participants are welcome to bring a small plate of finger foods to share at a mid-event break.

RESERVATION REQUIRED (Seating is limited) To register: Email your name & phone # to

climatecafe.earth@gmail.com

For more information, please contact **Michael Cox: toxman57@gmail.com** 



#### The Future of Fashion

Bainbridge Island has been celebrating creative ways to learn and get inspired since 2016, when the first Trashion Fashion Show featured wearable art made from items that would otherwise end up in a landfill. Since then, local efforts have grown to include workshops, runway shows, exhibitions and more, with ReFashion Bainbridge as a Zero Waste, Sustainable Bainbridge partner.

For more information and inspiration, enjoy an online conversation between environmental educator and sustainability writer Dominique Drakeford and Puerto Rican artist and ReFashion advocate Gabriel-Bello Lawrence Diaz at 6:00 p.m. on Tuesday, November 7. More information and event registration is available here.

newest issue is available on the Cedars website under News after 12:00 p.m. on Fridays.

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of the Cedars website and **here**.

#### Services and Faith Formation

The Island School 8553 NE Day Road Bainbridge Island

Cedars Center 284 Madrona Way, NE #128 Bainbridge Island WA 98110 (206) 780-0373

#### Rev. Zackrie Vinczen, Minister

minister@cedarsuuchurch.org For an urgent matter, call (360) 930-9339 (Pastoral Care)

Position open
Faith Formation Lead
faith.formation@cedarsuuchurch.org

Carolyn Kerns, Office Administrator Available remotely Tuesday, Thursday, Friday office@cedarsuuchurch.org

Would you like to subscribe to The Beacon? Email: beacon@cedarsuuchurch.org
Do you have an article, event, or announcement?
Send it to The Beacon by Friday at 11:00 a.m. ONE WEEK BEFORE the next Friday's newsletter (7 days in advance). See our <u>submission guidelines</u>.

Cedars UU Church (website)





Cedars Unitarian Universalist Church | 284 Madrona Way NE, #128, Bainbridge Island, WA 98110

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