# The Beacon

A weekly email newsletter from Cedars Unitarian Universalist Church Serving Bainbridge Island and Northern Kitsap County



Volume 13 Issue 45 / November 10, 2023

Website Faith Formation Calendar

Our Staff Contact Us Join Cedars

# **Upcoming Services**

#### Patterns of Life

**Sunday November 12th** 10:00 a.m. In-Person Service in Webster Hall

Rev. Zackrie Vinczen Johanna Munson, Worship Associate

Delve into the intricate tapestry of self as we explore the profound significance of understanding the patterns that influence our choices, relationships, and spiritual journey.

# **Transcending Silence**

**Sunday November 19th** 10:00 a.m. In-Person Service in Webster Hall

Rev. Zackrie Vinczen **Gregory Cook, Worship Associate** 

Honoring Trans Day of Remembrance: Join us to reflect on the importance of trans visibility, remembering lives lost, and advocating for a world where every trans individual is seen, respected, and celebrated.

#### **Current Week Calendar & Links**



Your Cedars community invites you to participate in services and activities, get information, enjoy fellowship, and pause for reflection.

To view our detailed calendar click here. Then click on the event titles for more information.

Wednesday November 8th 1:30 p.m. **Evans Reading Group** 

5:00 p.m. Writing as a Spiritual Practice

**Sunday November 12th** 10:00 a.m. In-Person Service in Webster Hall **Live-Stream Link** Coffee and Social time following

Wednesday November 15th 5:00 p.m. **Cedars Leadership Summit** 

# **News and Announcements**

# Cedars Leadership **Summit**

Our congregation is active and successful in so many areas. Each





Cedars UU Church is a **Welcoming Congregation**  of those efforts relates back to our Mission, and are only possible because of you. As we continue surging ahead in the coming year, we will have regular Leadership Summits to share what is happening and look for more ways to collaborate and grow.

The first of these Summits will be on **November 15th at 5 pm** via Zoom. I recall my first years at Cedars amazed at our leaders and how they brought us all together to live our values. Then I realized that even the little amount of volunteering I did meant I was part of that leadership cadre. What I am trying to say is, you are a Leader too! This meeting is not exclusive. We will benefit from everyone's voice and want you to join in. Check the Cedars Calendar for Zoom info.

It will be a great opportunity to listen, share and grow.

Jeff Philip President, Board of Trustees

# **Exploring Meditation**

Join us for a monthly meditation gathering on the 4th Wednesday of each month at the Cedars Center (located at 284 Madrona Way #128 in Winslow).

Throughout our session, we will delve into a variety of meditation techniques. As we meditate together, you'll have the opportunity to explore these techniques deeply. As the session draws to a close, there will be a chance to pose inquiries and, if you wish, share your personal meditation experiences with others.

Mark your calendar for the following dates from 5:00 to 6:00 p.m.

- November 29th
- No Meeting in December
- January 24th
- February 28th
- March 27th
- April 24th
- May 29th
- June 26th

If you would like more information, please reach out to Rev. Zackrie. minister@cedarsuuchurch.org 360-930-9339

# Evans Reading Group

The Evans Reading Group is pleased to invite your participation in our and Green Sanctuary

# **Our Congregational Mission**

Worship with open hearts
Nurture a learning spirit
Serve justice with compassion
Love without judgment



Rev. Zackrie Vinczen

### **Musical Notes**

Much hard work and dedication goes into providing music for our Sunday services. And each week we are grateful for those willing to make music and lead us all in song.

This week we offer special thanks to **Audrey Blair** for music accompaniment.

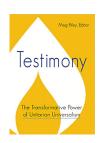
**Sunday Hymns:** 

We Would Be One (#318)

This is the Truth That Passes Understanding (#369)

For the Beauty of the Earth (#21)

# Testimony - The Transformative Power of Unitarian Universalism

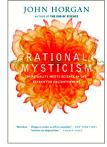


Offered by our own Skinner House Press, this illuminating book

shares personal stories from people whose lives have been dramatically transformed by Unitarian Universalism, finding renewed purpose and personal meaning in UU values and through participation in a congregational community such as Cedars. Together these vignettes paint a portrait of the real, felt impact of Unitarian Universalism.

For more information and purchase, see the InSpirit Bookstore at

practice of reading and discussing books that can intrigue and might enlighten us in seeking "Salvation by Bibliography" as our late friend Marvin Evans used to say.



Our current selection is **Rational Mysticism --Spirituality Meets Science in the Search for Enlightenment**, by
John Horgan.

How do trances, visions, prayer, satori, and other mystical experiences "work"? Is there a scientific explanation for religious mysteries and transcendent meditation? This book chronicles advanced research into the mechanics and meaning of mystical phenomena, exploring chemistry, neuroscience, psychology, anthropology, theology, and more, to narrow the gap between reason and mystical experience.

Join us for an interesting discussion via Zoom at 1:30 p.m. on Wednesday November 8th. If you would like to be on our email list, let Mary Romeo know.

# Children's Faith Formation Needs You



An enthusiastic group of parents has begun planning children's programming. Program activities will be scheduled in the Island School library on selected Sunday mornings and the help of other adults will be welcomed.

Seeing an active children's Faith Formation effort getting off the ground again is exhilarating. To volunteer your assistance, please email Jeff Philip at president@cedarsuuchurch.org.

#### **Cedars Creativity Fair 2023**

# See What Others Have Been Doing

Our identity as a congregational community is strengthened by the activities and gatherings we enjoy together, as well as by the ways we can find to know each other better.

In past years we organized occasional Creativity Fairs to share individual interests and capabilities following Webster Hall services, and in response to the more recent pandemic we have shifted to on-line or virtual versions of those fairs.

bookstore@uua.org.





# Writing as a Spiritual Practice

Discover the profound depths within yourself and the world around you through the transformative power of writing. Throughout the centuries, writing has served as a spiritual practice, illuminating hidden truths and connecting us to something greater.

Join the **Cedars Spiritual Writing Group**, a new monthly writing experience facilitated by Rev. Zackrie.

During each of these gatherings, you will be offered prompts that nourish your creative spirit, ignite your inspiration, and invite you into questioning. Moreover, these gatherings will also provide a space for deep reflection, contemplation, and sharing. Whether you choose to attend a single session or embark on the full journey, each gathering will offer the promise of a meaningful exploration of self and soul.

So mark your calendar for the following dates from 5-6 p.m.:

- December 13th: Reviving Spiritual Traditions
- January 10th: Dwelling in Our Bodies
- February 14th: Moments in Between
- March 13th: Allowing Emptiness
- April 10th: Responding to Art
- May 8th: Encounters in the Wild
- June 12th: TBD

Each session will take place at the Cedars Center in Winslow (284 Madrona Way #128).

If you would like more information, please reach out to Rev. Zackrie. minister@cedarsuuchurch.org 360-930-9339

# **Super Supper Sign-Ups**

Organized to provide opportunities to see and enjoy artful products and demonstrations of the creativity present in our talented and capable congregation, those fairs helped us get to know and appreciate each other.

Continuing that sharing of individual interests and creativity, please join the fun and enjoy the growing show using the link below! If you have something to share, send a photo and description to office@cedarsuuchurch.org.

# **Creativity Fair**

Carolyn Kempkes shared this presumptive observation: "The food in someone else's bowl is always better than yours!"



Cedars, in partnership with Kol Shalom, offers Super Supper dinners on the last Tuesday of each month.

Super suppers are a free meal for those in need provided by members of the Bainbridge Island Interfaith Council.

We now have a regular sign-up for you to use each month so that all in our congregation have a chance to participate. Please consider signing up for one or more slots **here**.

For more information contact **Mike Cox** at **206-799-3725** or toxman57@gmail.com.

# Climate Smart Challenge



Come join 18 other
Cedars families who
have joined the Climate Smart
Challenge.

We are the leading group on the Island. Let's keep growing our numbers.

Cedars Climate Smart Bainbridge 7:00 p.m. Monday November 20th Zoom Link

Meeting ID: 929 048 2386 Phone if Needed: 253-215-8782

If you have any questions, please contact Mike Cox at **toxman57@gmail.com** or 206-799-3725.

#### **Print the Beacon Newsletter**

The Beacon is available to download and print each week. Go to www.cedarsuuchurch.org. The newest issue is available on the Cedars website under News after 12:00 p.m. on Fridays.

Services and Faith Formation Sundays at 10:00 a.m. The Island School 8553 NE Day Road Bainbridge Island

Cedars Center 284 Madrona Way, NE #128 Bainbridge Island WA 98110 (206) 780-0373

#### **Member Directory**

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of the Cedars website and here.

Rev. Zackrie Vinczen, Minister
For an appointment, e-mail
minister@cedarsuuchurch.org
For an urgent matter, call (360) 930-9339
(Pastoral Care)

Position open
Faith Formation Lead
faith.formation@cedarsuuchurch.org

Carolyn Kerns, Office Administrator Available remotely Tuesday, Thursday, Friday office@cedarsuuchurch.org

Would you like to subscribe to The Beacon? Email: beacon@cedarsuuchurch.org

Do you have an article, event, or announcement?

Send it to The Beacon by Friday at 11:00 a.m. ONE WEEK BEFORE the next Friday's newsletter (7 days in advance). See our submission guidelines.





Cedars Unitarian Universalist Church | 284 Madrona Way NE, #128, Bainbridge Island, WA  $98110\,$ 

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