

# The Beacon

A weekly email newsletter from  
Cedars Unitarian Universalist Church  
Serving Bainbridge Island and  
Northern Kitsap County



**CEDARS CHURCH**  
UNITARIAN UNIVERSALIST

Volume 14 Issue 10 / March 8, 2024

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## Upcoming Services

### Being a Unitarian Universalist

**Sunday March 10th**  
**10:00 a.m.**  
**In-Person Service in Webster Hall**

**Rev. Zackrie Vinczen**  
**Nancy Philip, Worship Associate**

Discover what it means to be a Unitarian Universalist as we delve into our guiding principles and sources, considering the history and emergent work of the Article II Study Commission.

### Listening to Our Body's Wisdom: Creating Justice Within

**Sunday March 17th**  
**10:00 a.m.**  
**In-Person Service in Webster Hall**

**Kathryn Lafond, Guest Speaker**  
**Johanna Munson, Worship Associate**

It is true that what we do to ourselves, we generally do to others. If we treat our own bodies as machines, we will likely treat the world around us in a similar fashion. However, if we are going to bring healing to this Earth and all her inhabitants, we better start with ourselves.

What if we treat our bodies as sacred and wise vessels for our soul's journey; honoring the macro/micro life within that allows us to exist? The information we learn to receive by 'listening' could be transformative.

### Current Week Calendar & Links

*Your Cedars community invites you to participate in services and activities, get information, enjoy fellowship, and pause for reflection.*

[View the detailed Calendar.](#)

**Friday March 8th**  
**6:30 p.m.**  
**Climate Circle Meeting**

**Sunday March 10th**  
**Daylight Saving Time returns**  
**10:00 a.m.**  
**In-Person Service in Webster Hall**  
**[Live-stream Link](#)**  
**Coffee and Social Time following**

**Wednesday March 13th**  
**5:00 p.m.**  
**Writing as a Spiritual Practice**

## News and Announcements



## Enjoy Spring and Summer with Friends

We have brought back our annual Hosted Event Sales. People in the congregation are offering events and gatherings as a way to build community and raise some funding for Cedars. You will find something for everyone, including:

- Themed Dinners
- Mahjong Lessons
- Workshops
- Outdoor Adventures
- and more.

Tickets will be sold during the next three Sunday mornings after Worship Service. You can also review the events and signup at our **Signup Genius Event List**. Get ready to have some fun together!

**Jeff Philip**  
President, Board of Trustees



## Article II: Principles or Values?

The UU community is abuzz about the proposed changes to Article II in the UUA Bylaws. That Article outlines some of the core elements of the Unitarian Universalist movement in the United States (Canada and other countries have their own guidance). In June we will vote on whether to change them.



**Cedars UU Church is a  
Welcoming Congregation  
and Green Sanctuary**

## Our Congregational Mission

*Worship with open hearts  
Nurture a learning spirit  
Serve justice with compassion  
Love without judgment*



**Rev. Zackrie Vinczen**

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## Temporary Lodging Needed

Long time Cedars members **Keri Schmit and Rick Blythe** are returning to the US in May following two years living in Ecuador. Because they are renting out their home on Bainbridge, they are in need of a place to stay while visiting the Bainbridge area sometime during June or July. If you might have a place for them and their dog Nutmeg to stay for 1-4 weeks in June or July, please email **Keri** at [schmitkeri@gmail.com](mailto:schmitkeri@gmail.com).

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## Musical Notes

Much hard work and dedication goes into providing music for our Sunday services. And each week we are grateful for those willing to make music and lead us all in song.

This week we offer special thanks to **Peter Spencer** for music accompaniment.

## Sunday Hymns:

1. Now Let us Sing (#368)
2. Sing and Rejoice (#395)
3. Blue Boat Home (#1064)

We had an in-person Cedars Center discussion of the proposed changes this week and plan to continue the conversation in a Zoom session later in the month. For now, here are links to relevant information:

- [Final Proposed Revision to Article II](#)
- [Save the Seven Principles Website](#)
- [UU World Magazine Article](#)
- [Present Text of Article II](#)

**Jeff Philip**  
President, Board of Trustees



Homage to Orca Tahlequah: A Flourishing Web of Life. By Deborah Milton

## Climate Circle Meeting

**Awakening Our Relationship with the Web of Life**

**Friday, March 8th**  
**6:30 – 8:30**  
**Bethany Lutheran Church**  
**7968 Finch Rd NE, Bainbridge Island, WA 98110**

As people of faith, we know our interdependent world is sacred and hurting. As we warm the planet and exhaust the biosphere, we face a precarious future.

The BINK-Interfaith Council Climate Circle invites you to join us on March 8th to imagine a new earth-centered civilization that welcomes love and justice for all life. By sharing together our actions, visions, and practices we hope to springboard new ideas to bring a flourishing world into being. All faiths, traditions, spiritual beliefs, and/or worldviews are welcome. Just bring your open-hearted concern for our shared earth as we build support for our collective efforts.

For more information contact **Mike Cox** at [toxman57@gmail.com](mailto:toxman57@gmail.com)

## Children's Faith Formation Needs You



An enthusiastic group of parents has begun planning children's programming. Program activities will be scheduled in the Island School library on selected Sunday mornings and the help of other adults will be welcomed.

Seeing an active children's Faith Formation effort getting off the ground again is exhilarating. To volunteer your assistance, please email Jeff Philip at [president@cedarsuuchurch.org](mailto:president@cedarsuuchurch.org).



## Writing as a Spiritual Practice

Discover the profound depths within yourself and the world around you through the transformative power of writing. Throughout the centuries, writing has served as a spiritual practice, illuminating hidden truths and connecting us to something greater.

Join the **Cedars Spiritual Writing Group**, a new monthly writing experience facilitated by Rev. Zackrie.

During each of these gatherings, you will be offered prompts that nourish your creative spirit, ignite your inspiration, and invite you into questioning. Moreover, these gatherings will also provide a space for deep reflection, contemplation, and sharing. Whether you choose to attend a single session or embark on the full journey, each gathering will offer the promise of a meaningful exploration of self and soul.

So mark your calendar for the following dates from 5-6 p.m.:

- March 13th: Allowing Emptiness
- April 10th: Responding to Art
- May 8th: Encounters in the Wild
- June 12th: TBD

Each session will take place at the Cedars Center in Winslow

If you would like more information,

## Museum Field Trip

On **Saturday, March 23rd**, the Cedars Social Justice Committee is planning a field trip to the Washington State History Museum in Tacoma to experience the **Solidarity Now! 1968 Poor People's Campaign** exhibit.

"This traveling exhibition from the Smithsonian illuminates the often-overlooked history of the multicultural movement to confront poverty that redefined social justice and activism in America."

The admission cost for the Museum is as follows:

- \$14 general
- \$11 (65+)
- \$11 (6-18)

**Cedars is able to cover the admission if it is a barrier to participation.**

We plan to leave North Kitsap the morning of **March 23rd** and make our way to the museum. Following the exhibit, we will get lunch nearby before heading back home.

Carpools are being organized for those who want to attend. Please use the link below to register or contact Rev. Zackrie for more information.

**REGISTER HERE**

**Trip details including the itinerary will be shared with those who register.**



**ReFashion Bainbridge** is organizing a second annual clothing swap for exchanging children's, women's, or men's high-quality clothing (what you would give to a friend). The event has been scheduled for **Sunday, March 17th, from 1:00 – 3:30 p.m.** at the Filipino American Hall at 7566 High School Road on Bainbridge Island.

please reach out to **Rev. Zackrie**.  
[minister@cedarsuuchurch.org](mailto:minister@cedarsuuchurch.org)  
360-930-9339

## Super Supper and Community Kitchen Sign-Ups

Cedars, in partnership with Kol Shalom as members of the Bainbridge Island Interfaith Council, offers Super Supper dinners on the last Tuesday of each month, and is now moving toward a similar role assisting the Suquamish Community Kitchen on selected Wednesdays with free meals for those in need.

We now have a regular sign-up for you to use each month so that all in our congregation have a chance to participate. Please consider signing up for one or more slots **here**.

For more information contact **Mike Cox** at **206-799-3725** or [toxman57@gmail.com](mailto:toxman57@gmail.com) or **Rod Kempkes** at [rdkempkes@gmail.com](mailto:rdkempkes@gmail.com)

## Exploring Meditation

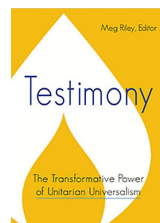
Join us for a monthly meditation gathering at the Cedars Center (located at 284 Madrona Way #128 in Winslow).

Throughout our session, we will delve into a variety of meditation techniques. As we meditate together, you'll have the opportunity to explore these techniques deeply. As the session draws to a close, there will be a chance to pose inquiries and, if you wish, share your personal meditation experiences with others.

Mark your calendar for the following dates from 5:00 to 6:00 p.m.

- March 27th
- April 24th
- May 29th
- June 26th

If you would like more information, please reach out to **Rev. Zackrie**.  
[minister@cedarsuuchurch.org](mailto:minister@cedarsuuchurch.org)  
360-930-9339



## Testimony - The Transformative Power of Unitarian Universalism

Offered by our own Skinner House Press, this illuminating book shares personal stories from people whose lives have been dramatically

## Cedars Creativity Fair 2024

Our identity as a congregational community is strengthened by the activities and gatherings we enjoy together, as well as by the ways we can find to know each other better.

Please feel free to join an on-going process of sharing news and details about the creative interests and accomplishments of each other as members and friends of Cedars UU Church. If you have something to share, send a photo and description to [office@cedarsuuchurch.org](mailto:office@cedarsuuchurch.org).

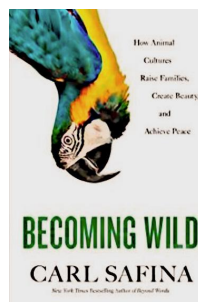
### See What Others Have Been Doing

**Rebecca Kim** says "It's super easy to break your wrist, but not so easy to function with one and a half hands" (and with the cat clearly appreciating the splint as well).



transformed by Unitarian Universalism, finding renewed purpose and personal meaning in UU values and through participation in a congregational community such as Cedars. Together these vignettes paint a portrait of the real, felt impact of Unitarian Universalism.

For more information and purchase, see the InSpirit Bookstore at [bookstore@uua.org](mailto:bookstore@uua.org).



### Evans Reading Group

Organized 16 years ago as the Spirituality Book Group, this Cedars reading group assumed a new identity as the Evans Reading

Group in 2020 to honor the Rev. Marvin Evans after his passing.

In our time together, the group has read and discussed more than 60 books selected to intrigue and hopefully enlighten us in seeking "Salvation by Bibliography" as our late friend Marvin used to say, and we are pleased to invite your participation with us in our ongoing practice.

Our current selection is **Becoming Wild: How Animal Cultures Raise Families, Create Beauty, and Achieve Peace**, by Carl Safina.

#### **A NEW YORK TIMES NOTABLE BOOK OF 2020:**

"Dr. Safina is a terrific writer, majestic and puckish in equal measure, with a contagious enthusiasm... He draws out haunting resonances between animal lives and our own... This revelatory work sheds as much light on what it means to be human as it does on the nature of other species ..."

***Publishers Weekly***

Join us for an interesting discussion via Zoom at **1:30 p.m. on Tuesday, March 26th**. If you would like to be on our email list, let **Mary Romeo** know.

### Print the Beacon Newsletter

The Beacon is available to download and print each week. Go to [www.cedarsuuchurch.org](http://www.cedarsuuchurch.org). The newest issue is available on the Cedars website under News after 12:00 p.m. on Fridays.

### Member Directory

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of the Cedars website and [here](#).

Sundays at 10:00 a.m.  
The Island School  
8553 NE Day Road  
Bainbridge Island

**Cedars Center**  
284 Madrona Way, NE #128  
Bainbridge Island WA 98110  
(206) 780-0373

For an appointment, e-mail  
minister@cedarsuuchurch.org  
For an urgent matter, call (360) 930-9339  
(Pastoral Care)

**Faith Formation Lead**  
faith.formation@cedarsuuchurch.org

**Carolyn Kerns, Office Administrator**  
Available remotely Tuesday, Thursday, Friday  
office@cedarsuuchurch.org

Would you like to subscribe to The Beacon? Email: [beacon@cedarsuuchurch.org](mailto:beacon@cedarsuuchurch.org)  
Do you have an article, event, or announcement?  
Send it to The Beacon **by Friday at 11:00 a.m. ONE WEEK BEFORE** the next Friday's newsletter (7 days  
in advance). See our [submission guidelines](#).

**Cedars UU Church (website)**



Cedars Unitarian Universalist Church | 284 Madrona Way NE, #128, Bainbridge Island, WA  
98110

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