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The Beacon

*A weekly email newsletter from
Cedars Unitarian Universalist Church
Serving Bainbridge Island and Northern Kitsap County*

Volume 16 Issue 12/ March 20, 2025



CEDARS CHURCH
UNITARIAN UNIVERSALIST

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This Week At Cedars

Sunday Service, March 23
10:00 am

Through the Storm: Finding Light in Life's Changes

Rev. Kate Lore, Guest Minister
Nancy Philip, Worship Associate

We ALL face challenging changes and losses in our lives--whether it be a change in our health, the loss of a loved one, or the evaporation of a dream. And every time we face such changes, we are offered a powerful spiritual choice.

Rev. Kate Lore is a Unitarian Universalist minister known for her work in social justice and community ministry. She has served in various roles, including as a Minister of Social Justice at First Unitarian Church in Portland, OR, and Senior Minister at Quimper UU Fellowship in Port Townsend, WA. Her ministry often focuses on progressive causes, advocating for marginalized communities and addressing issues like racial justice, LGBTQ+ rights, and immigration. Rev. Lore is also a speaker and writer, frequently sharing insights on the intersection of spirituality and social activism.



Childcare will be offered during this service. Click [HERE](#) for details.

Saturday, March 22

Spiritual Odyssey Potluck
12:00 - 2:00 pm
Cedars Center

Please see below for more details

Tuesday, March 25

Super Suppers
5:00 - 7:00 pm
Eagle Harbor Congregational Church
Please see below for more details

Wednesday, March 26

Meditation Group
5:30 - 6:30 pm
Cedars Center

[View detailed calendar here.](#)

Upcoming Service

Sunday Service, March 30
10:00 am

Living with Moral Injury

Rev. April Frazier, Guest Minister
Johanna Munson, Worship Associate

Moral injury is a human condition, suffered as a part of living in a world where we, others and the earth are harmed by actions or the failure to act. How do we integrate these experiences to be able to continue to live when everywhere we look there are more reasons to cry in agony, scream in anger, or perhaps become numb? Let's talk about what keeps us going, brings us together, and find ways for healing.

Rev. April Frazier is a Board-Certified Chaplain and has spent most of her career in home hospice. She is an Affiliated Community Minister at Shoreline UUC and received her M.Div. from Vanderbilt University in Nashville, TN. She finds joy in nature, creative projects and spending time with her family.

Childcare will be offered during this service. Click [HERE](#) for details.



News and Announcements

Keeping the Faith with Planet Earth

Cedars members **Mike Cox and Fran Korten** are featured in the Spring 2025 edition of the **PNW Bainbridge Magazine** that describes the **Climate Cafe** that Cedars sponsored at the Island School on February 1st of this year. You can read the article [HERE](#).



Spiritual Odyssey Potlucks!

Please come and bring a dish to share at our next Spiritual Odyssey Potluck on **Saturday, March 22, from noon to 2:00 pm at the Cedars Center** when **Rebecca Kim** will share her personal spiritual journey. These monthly presentations are informal and are a great way to get to know others at Cedars!

Chats with the Board

The Board of Trustees will be hosting **drop-in conversations for Cedars members and friends right after our Sunday services at The Island School** over the next few weeks regarding several important topics, including the future of professional ministry for Cedars, our upcoming pledge drive, and a draft proposal to change our bylaws concerning Board member terms, aimed to provide improved leadership continuity on the Board. Grab a cup of coffee and join in the conversation!

Serving our Community from the Kitchen

On Wednesday, March 12, our Cedars team prepared and served another delicious community meal with the Suquamish Community Kitchen as we have been doing every other month. The menu included baked penne pasta, green beans, and garlic bread, and red velvet cupcakes and was enjoyed by 48 members of the community who showed up to enjoy a meal together. In addition, 32 takeout boxes were prepared for folks to pick up from the community fridge later in the week. Since Cedars began participating in the Suquamish Community Kitchen in February 2024, **we have prepared and served a total of 648 meals!** If you'd like

to sign up and join the fun and help when we do it next on May 14 and other dates in 2025, click [HERE](#).



Zum Gali Gali at Cedars

Some months ago, Audrey Blair asked the members of our Cedars Music Committee if they'd be interested in singing a song at a service. Members were up for it, and we brought in three more people to enhance the sound. Audrey chose Zum Gali Gali as a first try, which we sang at the March 16 service. The reception from the congregation to this musical innovation was so positive the Committee is considering singing at another service. Those who participated were Audrey, as our organizer and accompanist, David Barnes, Rebecca Kim, Fran Korten, Alan Miller, Robyn Teske, and Sally Wilson. We welcome additions if anyone would like to sing. Contact Fran – fran.korten@gmail.com



Ongoing Programs

Bookclub

Cedars Book Group will discuss ***The Ministry for the Future***, by Kim S. Robinson, via Zoom on Wednesday, Apr 9, at 1:30 pm. An epic science fiction novel about climate change, recommended by B. Obama & Booklist. Get on our email list to receive the link for our fascinating discussions. Contact Mary Romeo at nmromeo@msn.com for more information.

Meditation Group

Join us for meditation practice on Wednesdays from 5:30 to 6:30 pm at the Cedars Center. We will use mindfulness or Vipassana Meditation audio recordings from the Insight Meditation Center in Redwood City. For questions, please contact **Sandy Spears** at sandy.spears@att.net

Childcare on Sunday Mornings!

Good news! We're now offering childcare for families with young children during our Sunday services! If you know a family that hasn't been able to attend on Sundays because of a lack of childcare, please tell them about this!

We look forward to welcoming some new faces that otherwise wouldn't be able to be with us on Sunday mornings!

For details about how childcare will be provided, click [HERE](#).

Cedars on Social Media

Cedars now has a podcast! We will be posting our Sunday Services on **Spotify** [HERE](#), on the **Apple Podcast** app [HERE](#), on Amazon Music [HERE](#), and on **iHeartRadio** [HERE](#) for easier access to our audio recordings. Our podcast is called "Sunday Mornings at Cedars."

We are also now on **Instagram**! Find us [HERE](#).

And as usual, find us on our Church **Facebook** page [HERE](#) and our **Community Facebook** page [HERE](#).

Be sure to “Like” us and “Follow” us on each one!

You can also still find audio recordings of our Services on our website [HERE](#).



Super Supper and Community Kitchen Sign-Ups

Cedars, in partnership with Kol Shalom as members of the Bainbridge Island Interfaith Council, offers Super Supper dinners on the last Tuesday of each month. We have a regular sign-up for you to use each month to provide various dishes and to assist with setup, serving, and cleanup, so that all in our congregation have a chance to participate. You can find the sign-up for Super Suppers [HERE](#).



Cedars is also committed to leading the preparation and serving of a free meal to anyone in the community every other month through the Suquamish Community Kitchen. These meals require many helping hands to prepare, serve, and clean up. Please consider signing up [HERE](#) for one of the team member roles on the upcoming date, Wednesday, May 14.

For more information, contact **Mike Cox** at 206-799-3725. or toxman57@gmail.com or **Rod Kempkes** at rdkempkes@gmail.com.

Beacon Article Deadline

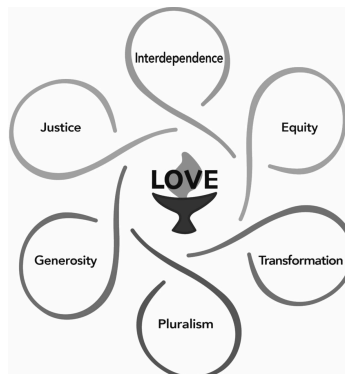
The new deadline for submitting content for The Beacon is now Mondays by the end of the day. If you would like to add an article, please send it to the Cedars Office at Office@cedarsuuchurch.org.

Cedars Facebook Conversations

If you're on Facebook, there is a new Facebook group called Cedars UU Church Community Conversations for members and friends to share events, fun stories, etc. Let's keep the coffee hour going all week long! Join the group [HERE](#).



**Cedars UU Church is a
Welcoming Congregation
and Green Sanctuary**



Our Congregational Mission

*Worship with open hearts
Nurture a learning spirit
Serve justice with
compassion
Love without judgment*

Print the Beacon Newsletter

The Beacon is available to download and print each week. Go to www.cedarsuuchurch.org. The newest issue is available on the Cedars website under News after 12:00 p.m. on Fridays.

Member Directory

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of the Cedars website and [here](#).

Worship Services

Sundays at 10:00 a.m.
The Island School
8553 NE Day Road
Bainbridge Island

Office at Cedars

Michelle Welsh, Office Administrator

Tuesday - Thursday, 9 am - 2 pm
284 Madrona Way, NE #128
Bainbridge Island WA 98110
(206) 780-0373
office@cedarsuuchurch.org

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Cedars UU Church (website)



Cedars Unitarian Universalist Church | 284 Madrona Way NE, #128 | Bainbridge Island, WA 98110 US

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