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## The Beacon

*A weekly email newsletter from  
Cedars Unitarian Universalist Church  
Serving Bainbridge Island and Northern Kitsap County*

Volume 16 Issue 13/ March 27, 2025



**CEDARS CHURCH**  
UNITARIAN UNIVERSALIST

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### This Week At Cedars

**Sunday Service, March 30  
10:00 am**

#### **Living with Moral Injury**

**Rev. April Frazier, Guest Minister  
Johanna Munson, Worship Associate**

Moral injury is a human condition, suffered as a part of living in a world where we, others, and the earth are harmed by actions or the failure to act. How do we integrate these experiences to be able to continue to live when everywhere we look there are more reasons to cry in agony, scream in anger, or perhaps become numb? Let's talk about what keeps us going, brings us together, and find ways for healing.

Rev. April Frazier is a Board-Certified Chaplain and has spent most of her career in home hospice. She is an Affiliated Community Minister at Shoreline UUC and received her M.Div. from Vanderbilt University in Nashville, TN. She finds joy in nature, creative projects and spending time with her family.

**Childcare will be offered during this service.** Click [HERE](#) for details.



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**Wednesday, March 26**

**Meditation Group  
5:30 - 6:30 pm  
Cedars Center**  
Please see below for more details

[View detailed calendar here.](#)

### Upcoming Service

**Sunday Service, April 6  
10:00 am**

#### **Creating the Garden of Beloved Community**

**Rev. Rose Edington & Rev. Mel Hoover, Guest Ministers  
Jenny Weaver, Worship Associate**

Springtime and gardening go together and have us imagining Beloved Community as a garden. Imagine the soil of Beloved Community as the ground of being that nurtures Unitarian Universalism. What do we want to cultivate? How do we handle the weeds? Will everyone be welcome? Camille Dungy's book *"Soil: The Story of a Black Mother's Garden"* provided inspiration for this sermon.

Clergy couple Mel Hoover and Rose Edington are co-ministers Emeriti of the UU Congregation in Charleston, West Virginia. Retired from congregational ministry in 2014, they continue their ministries through MelRose Ministries, with a focus on creating Beloved Community that considers the intersections of racism, classism, sexism, and environmental justice. Wishing to be closer to their granddaughter (and her parents) prompted their move to Bellingham in 2020.



**Childcare will be offered during this service.** Click [HERE](#) for details.

## News and Announcements

### Welcome, Rev. Margo!

As most of you know by now, **Rev. Margo Rinehart** will be joining us on April 21, as our half-time contract minister. She will be in the pulpit for the first time on Sunday, April 27 and will also lead our service on May 4th. She will be working in a 1/4 time startup capacity between April 21 and May 31, and then move into her half-time role in June. Please look for further announcements about opportunities to meet with Rev. Margo in small groups in late April and May so that she can get to know the many members and friends in our wonderful Cedars community. Also, please thank the members of our **Ministerial Search Committee, Jeff Philip, Patricia Erdmann, Herb Hethcote, Liz Motter, Naomi Gary, and Rod Kempkes**, when you see them next, for their dedication and efforts to bring us our new minister!



**Read a greeting to us from Rev. Margo [HERE](#)!**

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### Welcome New Members!

New Cedars members, **Marijke DeVos** and her husband **Bryce Bennett**, live in Poulsbo, WA, with their two cats, Jimmy and Ezel. Marijke works as a hand surgeon at the Doctor's Clinic in Silverdale. Bryce is an artist who shows paintings throughout the area. You can see his work at Verksted Gallery in Poulsbo and Collective Visions in Bremerton. They are both Southerners (Marijke from Alabama, Bryce from Arkansas) who met on the East Coast at Williams College. Welcome, Marijke and Bryce!



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### Stewardship Update

Our annual Stewardship campaign will kick off in April. Please look for further announcements in the coming weeks and note on your calendars that we will have a **special event at Prue's House in the Grand Forest on Bainbridge Island from 4:00 to 5:30 pm on Saturday, April 26**. This will be the day before Rev. Margo leads our Sunday service for the first time on April 27.

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## Chats with the Board

The Board of Trustees will be hosting **drop-in conversations for Cedars members and friends right after our Sunday services at The Island School** over the next few weeks regarding several important topics, including the future of professional ministry for Cedars, our upcoming pledge drive, and a draft proposal to change our bylaws concerning Board member terms, aimed to provide improved leadership continuity on the Board. Grab a cup of coffee and join in the conversation!

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## Art on Sunday at The Island School

After the service on Sunday, March 30, please stop by the Webster Hall stage to meet Cedars member and artist, **Bryce Bennett**, and view some of his paintings from his recent exhibit, *Knives and Paint*, which was held at Bremerton's Collective Visions Gallery in March.



## Emotional Freedom Technique (EFT) Circle

Join us on Saturday, April 12, from 2:00- 3:30 pm, as **Rebecca Kim** leads an EFT circle at Cedars Center. EFT focuses on tapping the 12 meridian points of the body to relieve symptoms of a negative experience or emotion. You can find more about this technique [HERE](#).



## March Special Collection: Kitsap Immigration Assistance Center

Cedars holds a Special Collection monthly for community outreach to educate our congregation about the work of various non-profit organizations that reflect our values and to channel our generosity in support of them. For more information, click [HERE](#).



## Zum Gali Gali at Cedars

Some months ago, Audrey Blair asked the members of our Cedars Music Committee if they'd be interested in singing a song at a service. Members were up for it, and we brought in three more people to enhance the sound. Audrey chose Zum Gali Gali as a first try, which we sang at the March 16 service. The reception from the congregation to this musical innovation was so positive the Committee is considering singing at another service. Those who participated were Audrey, as our organizer and accompanist, David Barnes, Rebecca Kim, Fran Korten, Alan Miller, Robyn Teske, and Sally Wilson. We welcome additions if anyone would like to sing with us. Contact Fran – [fran.korten@gmail.com](mailto:fran.korten@gmail.com)



## Local Talent in Port Gamble musical

Cedars Friend, **Nina Polachek**, will be performing in "A Gentleman's Guide to Love and Murder" at the **Port Gamble Theater**, opening March 28 and running through April 13.

## Ongoing Programs

## Bookclub

Cedars Book Group will discuss ***The Ministry for the Future***, by Kim S. Robinson, via Zoom on Wednesday, Apr 9, at 1:30 pm. This is an epic science fiction novel about climate change, recommended by B. Obama & Booklist. Get on our email list to receive the link for our fascinating discussions. Contact **Mary Romeo** at [nmromeo@msn.com](mailto:nmromeo@msn.com) for more information.

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## Meditation Group

Join us for meditation practice on Wednesdays from 5:30 to 6:30 pm at the Cedars Center. We will use mindfulness or Vipassana Meditation audio recordings from the Insight Meditation Center in Redwood City. For questions, please contact **Sandy Spears** at [sandy.spears@att.net](mailto:sandy.spears@att.net)

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## Childcare on Sunday Mornings!

Good news! We're now offering childcare for families with young children during our Sunday services! If you know a family that hasn't been able to attend on Sundays because of a lack of childcare, please tell them about this!

We look forward to welcoming some new faces that otherwise wouldn't be able to be with us on Sunday mornings!

For details about how childcare will be provided, click [HERE](#).

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## Cedars on Social Media

Cedars now has a podcast! We will be posting our Sunday Services on **Spotify** [HERE](#), on the **Apple Podcast** app [HERE](#), on Amazon Music [HERE](#), and on **iHeartRadio** [HERE](#) for easier access to our audio recordings. Our podcast is called “**Sunday Mornings at Cedars**.”



We are also now on **Instagram**! Find us [HERE](#).

And as usual, find us on our Church **Facebook** page [HERE](#) and our **Community Facebook** page [HERE](#).

**Be sure to “Like” us and “Follow” us on each one!**

You can also still find audio recordings of our Services on our website [HERE](#).

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## Super Supper and Community Kitchen Sign-Ups

Cedars, in partnership with Kol Shalom as members of the Bainbridge Island Interfaith Council, offers Super Supper dinners on the last Tuesday of each month. We have a regular sign-up for you to use each month to provide various dishes and to assist with setup, serving, and cleanup, so that all in our congregation have a chance to participate. You can find the sign-up for Super Suppers [HERE](#).



Cedars is also committed to leading the preparation and serving of a free meal to anyone in the community every other month through the Suquamish Community Kitchen. These meals require many helping hands to prepare, serve, and clean up. Please consider signing up [HERE](#) for one of the team member roles on the upcoming date, Wednesday, May 14.

For more information, contact **Mike Cox** at 206-799-3725. or [toxman57@gmail.com](mailto:toxman57@gmail.com) or **Rod Kempkes** at [rdkempkes@gmail.com](mailto:rdkempkes@gmail.com).

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## Beacon Article Deadline



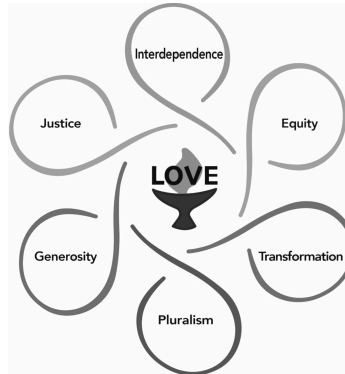
The new deadline for submitting content for The Beacon is now Mondays by the end of the day. If you would like to add an article, please send it to the Cedars Office at [Office@cedarsuuchurch.org](mailto:Office@cedarsuuchurch.org).

## Cedars Facebook Conversations

If you're on Facebook, there is a new Facebook group called Cedars UU Church Community Conversations for members and friends to share events, fun stories, etc. Let's keep the coffee hour going all week long! Join the group [HERE](#).



**Cedars UU Church is a  
Welcoming Congregation  
and Green Sanctuary**



## Our Congregational Mission

*Worship with open hearts  
Nurture a learning spirit  
Serve justice with  
compassion  
Love without judgment*

## Print the Beacon Newsletter

The Beacon is available to download and print each week. Go to [www.cedarsuuchurch.org](http://www.cedarsuuchurch.org). The newest issue is available on the Cedars website under News after 12:00 p.m. on Fridays.

## Member Directory

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of the Cedars website and [here](#).

## Worship Services

Sundays at 10:00 a.m.  
The Island School  
8553 NE Day Road  
Bainbridge Island

## Office at Cedars

**Michelle Welsh, Office Administrator**  
Tuesday - Thursday, 9 am - 2 pm  
284 Madrona Way, NE #128  
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