

SHARE:

[Join Our Email List](#)

## The Beacon

*A weekly email newsletter from  
Cedars Unitarian Universalist Church  
Serving Bainbridge Island and Northern Kitsap County*

Volume 16 Issue 20 May 15, 2025



**CEDARS CHURCH**  
UNITARIAN UNIVERSALIST

[Website](#)

[Contact Us](#)

[Join Cedars](#)

### This Week At Cedars

**Sunday Service, May 18**  
**10:00 am**

#### **"The Unreasonable Effectiveness of Mathematics in the Natural Sciences"**

**Gregory Cook, Guest Speaker**  
**Nancy Philip, Worship Associate**

Astrophysicist Neil deGrasse Tyson said "The Universe is under no obligation to make sense to you." While this is certainly true, we (collectively, all of humanity) have learned how to describe and predict many things. From Johannes Kepler's observation that celestial bodies travel in elliptical orbits to the complex differential equations of Quantum Electrodynamics, math has proved to be useful in these understandings. Is that the most profound thing ever- or entirely trivial?



**Gregory Cook** has been a member of Cedars for nearly 20 years. He has an MS in Mathematics from Western Washington University and has a strong interest in various areas in both Physics and Philosophy.

**Childcare will be offered during this service.** Click [HERE](#) for details.

---

#### **Monday, May 19**

**Emerson as Spiritual Guide**

**7:00 - 8:30 pm**

**Cedars Center**

Please see below for more details

#### **Wednesday, May 21**

**Meditation Group on Zoom**

**5:30 - 6:30 pm**

**Zoom**

Please see below for more details

[View detailed calendar here.](#)

### Upcoming Service

Sunday Service, May 18  
10:00 am

## Prayer in a Time of Chaos

**Kathryn LaFond, Guest Speaker**  
**Nancy Philip, Worship Associate**

When fear tries to drive the bus of our lives, how do we remain loving? We live in a world increasingly hostile to those fighting for liberation, fighting for freedom from harm. The gifts in this moment may be that we are forced to learn how to center, ground, nourish, and focus.

**Kathryn LaFond**, Intuitive Energy Healer/Health Coach, Author and Wise Woman Herbalist, trained in ancient in ancient wisdom traditions, is a life-long seeker who brings spiritual guidance from innumerable mentors. She is devoted to helping us remember the sacred in everyday life.



Childcare will be offered during this service. Click [HERE](#) for details.

## News and Announcements

### Our Successful 2025-2026 Pledge Drive!

This year our Cedars community demonstrated one of our core Unitarian Universalist values of **Generosity**. We have received 37 pledges to date, for a total of \$126,940, **exceeding our target by 15%!** If you still haven't made your pledge, we will certainly appreciate your response. If you did not receive a pledge form in the mail and would like to make a pledge to support our Cedars community, **you can make a pledge by clicking [HERE](#).**



**Thank you for supporting our beloved Cedars community!**

### The Ad Hoc Singers

The Ad Hoc Singers are the small group that sang "Zum Gali Gali" at a service in March. We are preparing another piece to sing at a service in early June, and you are invited to be an Ad Hoc member of the group for this performance! There is no long-term commitment. Rehearsals will be held on the stage after the Sunday service from 11:30 to noon, starting on March 18. If you like to sing, consider joining us. Please contact Audrey Blair with any related questions.



### May Special Collection: BI Japanese Exclusion Memorial Association (BIJAEMA)

Cedars holds a Special Collection monthly for community outreach to educate our congregation about the work of various non-profit organizations that reflect our values and to channel our generosity in support of them. On May 25, we will be collecting funds to support the building of a visitor center for BIJAEMA. BIJAEMA stands as a poignant testament to the resilience and spirit of a community faced with adversity during World War II. You can find more information [HERE](#).

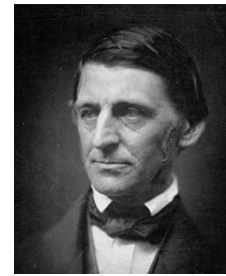


Please join us for an exclusive tour of the Japanese Exclusion Memorial at Prichard Park on June 1. You can find more information, including sign up [HERE](#).

---

### Learning Opportunity: Emerson as a Spiritual Guide

Cedars member **Barry Andrews**, author of several books about **Ralph Waldo Emerson**, is offering a program of learning and discovery to explore the spiritual writings of Emerson through a series that began on **Monday, May 5, at the Cedars Center**. This program is open to new participants, and you can read more information about this program [HERE](#).



You can still sign up for the class [HERE](#).

---

### Hold the Date!

We will be having our **Annual Congregational Meeting on Sunday, June 8**, after the service at The Island School. At the meeting, members will vote on the 2025-2026 annual budget and elect members to the Board of Trustees and the Nominating Committee. Please mark your calendars for this important event!

## Community Events

### Standing Together, Bainbridge Island

A group of concerned Bainbridge citizens under the banner "Standing Together, are planning a town hall rally for democracy on June 7 from 12:00 to 2:30 pm at the Lynwood Theater on Bainbridge Island. You can find more information about this event [HERE](#).



## Ongoing Programs

### Meditation Group on Zoom!

Join us for meditation practice on Wednesdays from 5:30 to 6:30 pm. We will meet on Zoom, using mindfulness or Vipassana Meditation audio recordings from the Insight Meditation Center in Redwood City. You can find the link to the meditation [HERE](#). For questions, please contact **Sandy Spears** at [meditation@cedarsuuchurch.org](mailto:meditation@cedarsuuchurch.org)

---

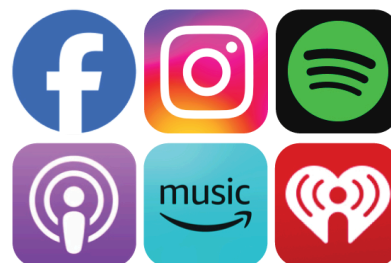
### Childcare on Sunday Mornings!

Good news! We now offer childcare for families with young children during our Sunday services! If you know a family that hasn't been able to attend on Sundays because of a lack of childcare, please tell them about this.. We look forward to welcoming some new faces that otherwise wouldn't be able to be with us on Sunday mornings! For details about how childcare is provided, click [HERE](#).

---

### Cedars on Social Media

Cedars now has a podcast! We are posting our Sunday Services on **Spotify** [HERE](#), on the **Apple Podcast** app [HERE](#), on Amazon Music [HERE](#), and on **iHeartRadio** [HERE](#) for easier access to our audio recordings. Our podcast is called "**Sunday Mornings at Cedars**."



We are also now on **Instagram**! Find us [HERE](#).

And as usual, find us on our Church **Facebook** page [HERE](#) and our **Community Facebook** page [HERE](#).

Be sure to “Like” us and “Follow” us on each one!

You can also still find audio recordings of our Services on our website [HERE](#).

---

## Super Supper and Community Kitchen Sign-Ups

Cedars, in partnership with Kol Shalom as members of the Bainbridge Island Interfaith Council, offers Super Supper dinners on the last Tuesday of each month. We have a regular sign-up for you to use each month to provide various dishes and to assist with setup, serving, and cleanup, so that all in our congregation have a chance to participate. You can find the sign-up for Super Suppers [HERE](#).



Cedars is also committed to leading the preparation and serving of a free meal to anyone in the community every other month through the Suquamish Community Kitchen. These meals require many helping hands to prepare, serve, and clean up. Please consider signing up [HERE](#) for one of the team member roles on the upcoming date, Wednesday, July 23.

For more information, contact **Mike Cox** at [socialaction@cedarsuuchurch.org](mailto:socialaction@cedarsuuchurch.org) or **Rod Kempkes** at [president@cedarsuuchurch.org](mailto:president@cedarsuuchurch.org).

---

## Cedars New Office Hours

We have new office hours starting this week. Cedars office hours are Tuesdays and Thursdays from 9:00 am - 2:00 pm, with remote hours (available via email) on Wednesdays from 9:00 am - 2:00 pm.

---

## Beacon Article Deadline

The deadline for submitting content for The Beacon is Mondays by the end of the day. If you would like to add an article, please send it to the Cedars Office at [Office@cedarsuuchurch.org](mailto:Office@cedarsuuchurch.org).

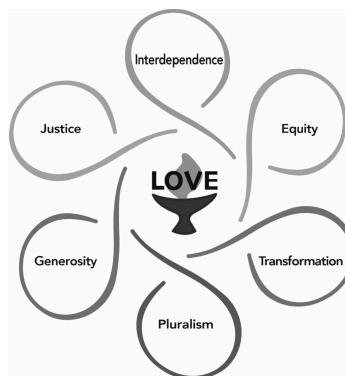
---

## Cedars Facebook Conversations

If you're on Facebook, there is a new Facebook group called Cedars UU Church Community Conversations for members and friends to share events, fun stories, etc. Let's keep the coffee hour going all week long! Join the group [HERE](#).



**Cedars UU Church is a  
Welcoming Congregation  
and Green Sanctuary**



## Our Congregational Mission

*Worship with open hearts  
Nurture a learning spirit  
Serve justice with  
compassion  
Love without judgment*

---

## Print the Beacon Newsletter

The Beacon is available to download and print each week. Go to [www.cedarsuuchurch.org](http://www.cedarsuuchurch.org). The newest issue is available on the Cedars website under News after 12:00 p.m. on Fridays.

---

## Member Directory

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of the Cedars website and [here](#).

### **Worship Services**

Sundays at 10:00 a.m.  
The Island School  
8553 NE Day Road  
Bainbridge Island

### **Cedars Minister**

**Rev. Margo Rinehart, Cedars Minister**

Tuesday 11:00 am - 1:00 pm  
284 Madrona Way, NE #128  
Bainbridge Island, WA 98110  
(206) 780-0373  
[Minister@cedarsuuchurch.org](mailto:Minister@cedarsuuchurch.org)

### **Cedars Office**

**Michelle Welsh, Office Administrator**

Tuesday & Thursday 9:00 am - 2:00 pm in office hours  
Wednesday 9:00 am - 2:00 pm remote office hours  
284 Madrona Way, NE #128  
Bainbridge Island, WA 98110  
(206) 780-0373  
[Office@cedarsuuchurch.org](mailto:Office@cedarsuuchurch.org)

Would you like to subscribe to The Beacon? Email: [beacon@cedarsuuchurch.org](mailto:beacon@cedarsuuchurch.org)  
Do you have an article, event, or announcement?  
Send it to [Office@cedarsuuchurch.org](mailto:Office@cedarsuuchurch.org) for inclusion in our Thursday newsletter (3 days in advance). See our [submission guidelines](#).

Cedars UU Church (website)



Cedars Unitarian Universalist Church | 284 Madrona Way NE, #128 | Bainbridge Island, WA 98110 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!