

The Beacon

*A weekly email newsletter from
Cedars Unitarian Universalist Church
Serving Bainbridge Island and Northern Kitsap County*



CEDARS CHURCH
UNITARIAN UNIVERSALIST

Volume 16 Issue 29 July 17, 2025

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This Week At Cedars

Sunday Service, July 20
10:00 am

Embrace Life Now: Make A List, Forget the Bucket

Rev. Margo Rinehart, Cedars Minister
Tyler Weaver, Worship Associate

We often hear the expression, "It's on my bucket list!" referring to the rush to see and do the things of our deepest desires before our life runs out. What if we created these pilgrimages and life experiences now rather than putting them off for our last years? Come and explore how to build your list for the here and now.

Reverend Margo Rinehart is our minister at Cedars UU Congregation. She has been a Kitsap County resident for over 20 years before recently finishing a ministry in Bozeman, Montana, and joined us in late April.



Upcoming Service

Sunday Service, July 27
10:00 am

What are our Hearts Demanding?

Kathryn LaFond, Guest Speaker
Nancy Philip, Worship Associate

Given what we are facing on a collective level in the USA, I find it helpful to explore what sustained the religious freedom fighters of our past. Dorothy Day said, "The greatest challenge of the day is how to bring about a revolution of the heart..." Frederick Douglas reminded us, "Power concedes nothing without demand." What are our hearts demanding?

Kathryn Lafond, Intuitive Energy Healer/Health Coach, Author, and Wise Woman Herbalist, trained in ancient wisdom traditions, is a life-long seeker who brings spiritual guidance from innumerable mentors. She is devoted to helping us remember the sacred in everyday life.



Wednesday, July 23

Suquamish Community Kitchen
4:00 pm
Suquamish United Church of Christ

[View detailed calendar here.](#)

News and Announcements



Thank You from Friends of the Farms for Our June Special Collection!

The Cedar's Special Collection check arrived. Wow! That is fantastic. Thank you and please pass my gratitude on to the congregation. This week is already taking shape with deliveries of more carrots, cucumbers, cauliflower, beets, scallions, basil, cilantro, and garlic. Two more farmers are harvesting and sharing. Full Tilt and Laughing Crow Farm will join Sol Farm, Peaceful Morning Farm, and Farmhouse Organics with deliveries to Helpline this week.

Regardless of what lies ahead, we will survive with such care.

With gratitude,
Heather Burger
Executive Director
Friends of the Farms



CEDARS presents: STOCKtheSHELVES!

WHEN: Sunday service on July 27, OR drop off donations at the Cedars Center

WHERE: Contributions will go to Fishline this month

WHAT: Most needed: canned vegetables, canned fruit, tomato sauce, and baby wipes, OR a check to Fishline

QUESTIONS: Ask Patricia Erdmann or Naomi Gary



If you missed Reverend Margo's July Newsletter article from last week, you can find it [HERE](#). It offers insights and inspiration drawn from the General Assembly.

UUA News and Information

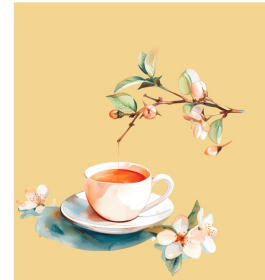
To learn more about UUA values, news, and information, click on the image or [HERE](#). You'll also find a permanent image link at the bottom of each newsletter for easy access.



Community Events

Mortal-i-tea with Johanna Munson and the EdgeWalking Collective

Death happens. Let's talk about it! Mortal-i-tea is a space for coming together with your fellow mortals to discuss our shared fate and to enjoy tea and snacks while we're at it. This group will facilitate open, informal conversations about death and dying; it is not intended to provide grief counseling. No agenda, no religion. The first Mortal-i-tea will be offered on Tuesday, **August 12, from 6:30 - 8:00 pm**. You can sign up [HERE](#).



Ongoing Programs

Cedars Book Group

Our next book to be discussed via Zoom, on Wednesday, **August 13**, at 1:30 pm, will be "*Homewaters*", a *Human & Natural History of Puget Sound*, by David B Williams. It covers glaciers and volcanoes carving up Puget Sound, examines the history of early Native communities, and then colonial settlements. It discusses Keystone species--salmon, orca, rockfish, herring, kelp, and how we can protect them." Please contact Mary Romeo with any questions. You can find more information [HERE](#).



Super Supper and Community Kitchen Sign-Ups

Cedars, in partnership with Kol Shalom as members of the Bainbridge Island Interfaith Council, offers Super Supper dinners on the last Tuesday of each month. We have a regular sign-up for you to use each month to provide various dishes and to assist with setup, serving, and cleanup, so that all in our congregation have a chance to participate. You can find the sign-up for Super Suppers [HERE](#).



Cedars is also committed to leading the preparation and serving of a free meal to anyone in the community every other month through the Suquamish Community Kitchen. These meals require many helping hands to prepare, serve, and clean up. Please consider signing up [HERE](#) for one of the team member roles on the upcoming date, Wednesday, July 23.

For more information, contact **Mike Cox** at socialaction@cedarsuuchurch.org or **Rod Kempkes** at president@cedarsuuchurch.org.

Cedars on Social Media

Cedars now has a podcast! We are posting our Sunday Services on **Spotify** [HERE](#), on the **Apple Podcast** app [HERE](#), on Amazon Music [HERE](#), and on **iHeartRadio** [HERE](#) for easier access to our audio recordings. Our podcast is called "**Sunday Mornings at Cedars**."



We are also now on **Instagram**! Find us [HERE](#).

And as usual, find us on our ChurchFacebook page [HERE](#) and our Community Facebook page [HERE](#).

Be sure to “Like” us and “Follow” us on each one!

You can also still find audio recordings of our Services on our website [HERE](#).

Cedars Office Hours

Cedars has new office hours as follows: Tuesdays and Thursdays from 9:00 am - 2:00 pm, with remote hours (available via email) on Wednesdays from 9:00 am - 2:00 pm.

Beacon Article Deadline

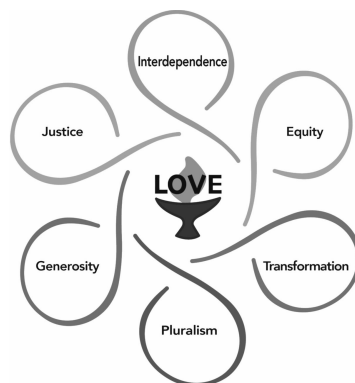
The deadline for submitting content for The Beacon is Mondays by the end of the day. If you would like to add an article, please send it to the Cedars Office at Office@cedarsuuchurch.org.

Cedars Facebook Conversations

If you're on Facebook, there is a new Facebook group called Cedars UU Church Community Conversations for members and friends to share events, fun stories, etc. Let's keep the coffee hour going all week long! Join the group [HERE](#).



**Cedars UU Church is a
Welcoming Congregation
and Green Sanctuary**



Our Congregational Mission

*Worship with open hearts
Nurture a learning spirit
Serve justice with
compassion
Love without judgment*



Print the Beacon Newsletter

The Beacon is available to download and print each week. Go to www.cedarsuuchurch.org. The newest issue is available on the Cedars website under News after 12:00 p.m. on Fridays.

Member Directory

Members and Friends can easily search our online Church Directory for contact information. The link is located under the Connection Tab of the Cedars website and [here](#).

Worship Services

Sundays at 10:00 a.m.
The Island School
8553 NE Day Road
Bainbridge Island

Cedars Minister

Rev. Margo Rinehart, Cedars Minister

Tuesday 9:30 am - 3:00 pm

Drop-in times: All Tuesdays in June, 11:00 am - 1:00 pm

284 Madrona Way, NE #128

Bainbridge Island, WA 98110

(206) 780-0373

Minister@cedarsuuchurch.org

Cedars Office

Michelle Welsh, Office Administrator

Tuesday & Thursday 9:00 am - 2:00 pm in office hours

Wednesday 9:00 am - 2:00 pm remote office hours

284 Madrona Way, NE #128

Bainbridge Island, WA 98110

(206) 780-0373

Office@cedarsuuchurch.org

Would you like to subscribe to The Beacon? Email: beacon@cedarsuuchurch.org

Do you have an article, event, or announcement?

Send it to Office@cedarsuuchurch.org for inclusion in our Thursday newsletter (3 days in advance). See our [submission guidelines](#).

Cedars UU Church (website)



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