LT Yoson <office@cedarsuuchurch.org>

This Week and More at Cedars - September 17, 2026

Cedars UU Church <office@cedarsuuchurch.org> Thu, Sep 17, 2026 at 6:01 AM
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CEDARS CHURCH
UNITARIAN UNIVERSALIST
A Welcoming Congregation and Green Sanctuary

The Beacon

A weekly email newsletter from
Cedars Unitarian Universalist Church
Serving Bainbridge Island and Northern Kitsap County

Volume 17 Issue 38 September 17, 2026

This Week At Cedars

BYOC – "Bring Your Own Coffee" this week.

Since we have a potluck immediately after today's service, we will not be having our regular Coffee Table.

Holding on to One Another When Winds of Change Begin to Blow

Sunday, September 20

10:00 am

The Island School

Reverend Margo Rinehart, Cedars Minister

Allan Miller and Joanna Munson, Worship Associates



Explore how our Unitarian Universalist values and the strength of covenant shape and strengthen who we are during these times of change and challenge. Hear what the Cedars community can offer you this year.

Reverend Margo Rinehart serves Cedars by welcoming people from diverse theological and religious backgrounds and spiritual beliefs on their journeys to learn from one another, search for truth, and answer the call of love and justice.

Sunday, September 20

Potluck Lunch hosted by Reverend Margo and Rebecca Kim
11:30 am (right after Sunday Service)
green space behind Cedars Center

Tuesday, September 22

JUUstice Washington with UU Social Action Network Conversations
6:30 pm - 8:00 pm
via ZOOM

Wednesday, September 23

IFC Crop Walk Food Drive
9:00 am - 6:00 pm
Town & Country Bainbridge Island

Thursday, September 24

IFC Crop Walk Food Drive
10:00 am - 5:00 pm
Town & Country Poulsbo

Saturday, September 26

IFC Crop Walk Food Drive
10:00 am - 2:00 pm

Safeway on Bainbridge Island

Ukelele & Rhythm Jam Group
1:00 pm - 2:30 pm
Cedars Center

Please see below for more details and use this **link** to find the Cedars calendar**.**

New News

JUUstice Washington and UU Social Action Network Conversations

Several Tuesday evenings through November

6:30 - 8:30 pm

via Zoom

JUUstice Washington, the UU Social Action Network for Washington State is inviting congregations to take part in a social justice focused conversation through a series of four Zoom gatherings. Starting with deepening relationships and then exploring what becomes possible when we act from those relationships, the themes will remain open and responsive to what arises. For more information, please follow this link to

JUUstice Washington – A Unitarian Universalist State Action Network

Sept. 22, 6:30–8:00 PM Pacific — Connection

Oct. 6, 6:30–8:00 PM Pacific — Deepening Connection

Oct. 27, 6:30–8:00 PM Pacific — Action

Nov. 17, 6:30–8:00 PM Pacific — Sustaining

If you are interested in attending, please let Reverend Margo or Naomi Gary know and they can supply you with the Zoom link at minister@cedarsuuchurch.org

A Message From Reverend Margo

Reminder of Potluck Lunch After Sunday Service – September 20

Rebecca Kim and Reverend Margo are excited to host a potluck lunch on **Sunday, September 20, in the green space behind the Cedars office,** immediately following worship. This will be a wonderful opportunity to enjoy good food, fellowship, and conversation as a church family.

We would especially love to welcome our newer members and newcomers. Please consider reaching out personally to extend a special invitation and help everyone feel included in our community.

We hope you'll join us! Bring a favorite dish to share and come enjoy a relaxing afternoon together.

Upcoming Sunday Service

The Five Strands of Unitarian Universalism

Sunday, September 27

10:00 am

The Island School

Cedars Guest Speaker - Reverend Barry Andrews

Worship Associate, Liz Motter

Rather than giving you a bunch of names and dates, I'm going to talk about themes instead, in this case the five strands of Unitarian Universalism. Although one or more of them have been dominant in certain periods, all are still present in our liberal religious DNA. These are—in my view at least: Liberal Christianity, Transcendentalism, Progressivism, Religious Cosmopolitanism, and Humanism.

Reverend Dr. Barry Andrews is Minister Emeritus of the Unitarian Universalist Congregation at Shelter Rock, Manhasset, New York, and is author of numerous books on Transcendentalism and Transcendentalist authors, most recently “The Gospel According to This Moment: The spiritual Message of Henry David Thoreau,” published by the University of Massachusetts Press. Since his retirement in 2011, he and his wife, Linda, have been living on Bainbridge Island.

Social Action

Write letters and help strengthen democracy and protect Voting Rights!

One of the most effective ways to do that is through letter-writing campaigns focused on a carefully selected slate of local races to rebuild trust in government and increase voter participation. These are exactly the kinds of low-turnout, low-profile elections where Vote Forward has the strongest evidence that personal letters can help increase voter turnout.

The good news is that the letters do not need to be mailed until October.

So far, 13 Cedars members have committed to writing 325 letters.

If you would like to participate, please email Sandy Spears at office@cedarsuuchurch.org.

Save the Date! Food Drives in September!

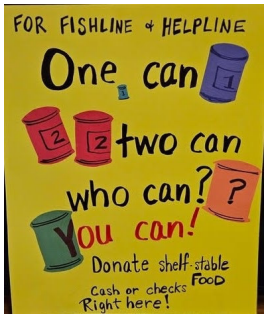
Food insecurity is rising, worldwide and here in Kitsap County. The **Bainbridge Island/North Kitsap Interfaith Council** (BINK-IFC) hosts a CROP Walk Bainbridge event that includes food drives collecting non-perishable items for local lifelines, September 23, 24,and 26 with a need for volunteers.



Please sign up for "IFC Crop Walk Food Drives" at this link.

For more information about the food drives, see **Reverend Margo** or email her at **minister@cedarsuuchurch.org**.

CEDARS Presents: YOU CAN!



The growing need for food resources in our wider community is unmistakable. Because the most urgent needs are currently across the Agate Pass Bridge, we are currently directing all Cedars food donations to Fishline. Every contribution of cans, boxes, bottles, and more goes straight onto the shelves and is immediately appreciated.

Thank you for giving what you can. **Every bit truly helps.**

For more information about the food drive, see **Nancy Dowey** or **Patricia Erdmann** or email them at **office@cedarsuuchurch.org**.

Super Suppers Volunteers:

Super Appreciated!



We have a great team serving Super Suppers each month to an appreciative group of Islanders. For many years, we have teamed up with Kol Shalom to provide this much-needed service on the last Tuesday of the month, at Eagle Harbor Congregational Church in Winslow. However, we need more volunteers!

- to bring side dishes and help with set-up, serving, and cleanup
- or help warm up the premade main dish, set up, and serve.

Typically, we provide side dishes or prepare the main dishes on alternating months. In September we will need to provide both the side dishes and the main dish. You can sign up to help with one or more slots using this link, whatever works for you, and your help will be SUPER APPRECIATED! Our next opportunity is **Tuesday, September 29**.

For more information about Super Suppers, please use this **link** to email **Mike Cox** at **socialaction@cedarsuuchurch.org**.

Suquamish Community Kitchen



Every other month, Cedars takes the lead in preparing and serving a free, nourishing meal for anyone in our community through the Suquamish Community Kitchen. These meals require many helping hands to cook, serve, and clean up. Each role plays a vital part in making the evening run smoothly.

We invite you to sign up to join the team using this link. Your time and energy will make a meaningful difference.

For more information, please email **Heidi Parkington-Thal** at **office@cedarsuuchurch.org** using this link.

Group Meetings

Newer to Cedars Conversation

Sunday, October 4 (ongoing on the first Sunday of each month)

11:15 am–12:00pm (right after Service)

The Island School

If you're newer to Cedars or simply want to learn more about Unitarian Universalism, you're invited to join our **Newer to Cedars Conversation**. This is an easy, friendly space to ask questions, meet others who are also getting connected, and enjoy light snacks.

These conversations are relaxed, fun, and usually run **30–45 minutes**, depending on how many of us gather. We'll be hosting them **every first Sunday of the month,** so there's always another chance to drop in.

Cedars Women's Covenant Group

Monday, September 14 (ongoing the second Monday of each month)

2:00 pm - 3:30 pm

Fieldstone Retirement Community

The Cedars Women's Covenant Group would welcome adding several new members who identify as women and are committed to sharing experiences and feelings on a specific topic in a confidential setting. If you are new to Cedars, this is a great way to get acquainted, and if you're a long-standing member, it's a way to deepen your friendships.

If you are interested or want more information, contact **Fran Korten** or send an email to **office@cedarsuuchurch.org** using this **link** for more information about the Women's Group.

Cedars Men's Group

Tuesday, October 13 (ongoing the second Tuesday of each month)

3:00 pm - 4:30 pm

Cedars Center

The Cedars Men's Group welcomes those who identify as men and who would like to consider joining to share experiences and feelings on a specific topic in a confidential setting.

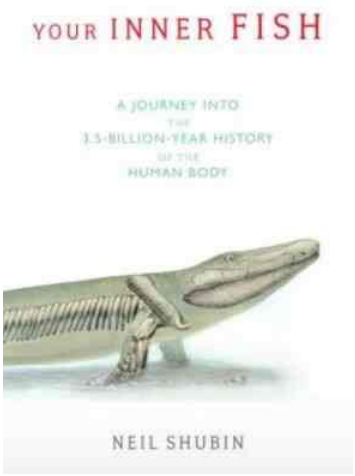
If interested or want more information, contact Herb Hethcote or Ed Clemens or send an email to office@cedarsuuchurch.org for Men's Group information using this link.

Cedars Book Group

Wednesday, October 21

2:30 pm - 4:00 pm

via Zoom



Your Inner Fish is widely considered an excellent, highly engaging science book. It won the National Academy of Sciences best book award in 2009.

Why do we look the way we do? What does the human hand have in common with the wing of a fly? Are breasts, sweat glands, and scales connected in some way? To better understand the inner workings of our bodies and to trace the origins of many of today's most common diseases, we turn to unexpected sources: worms, flies, and even fish.

Shubin makes us see ourselves and our world in a completely new light.

Strengths of the Book

- **Fascinating connections:** It shows how human hands, teeth, heads, and senses link directly to ancient creatures through fossils and DNA.

- **Easy to read:** The writing style is simple, friendly, and full of humor rather than dense or dry academic jargon.

If you'd like to discuss this book with us, let **Herb Hethcote** know you'd like to be on our email list, so you will receive the zoom link: office@cedarsuuchurch.org

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Cedars Music Committee (second Tuesday of each month)

Tuesday, October 13

7:30 pm - 8:30 pm

Cedars Center

The Cedars Music Committee welcomes anyone interested in joining to promote, advocate, nurture, and sustain music programs at Cedars.

If you are interested or want more information, contact **Fran Korten** or send an email to **office@cedarsuuchurch.org** using this **link** for more information about the Music Committee.

Ukulele Jam Group

Saturday, September 26 (ongoing on the last Saturday of each month)

1:00 pm - 2:30 pm

Cedars Center



A Ukulele Jam Group is taking shape, and everyone in the Cedars community is welcome to join in. Bring your own instrument but we also have extra Ukes and lots of rhythm instruments to share. Easy to sing along music… everyone is invited to join the Jam!

Please think about 3 favorite and easy songs you'd like to play.

Send your songs to Rebecca Kim to **office@cedarsuuchurch.org** u sing this **link.**

She has the Ultimate Guitar app and projects the chords and lyrics on the big screen. Makes it super fun and easy for us all to JAM!!!

If you are interested or want more information, contact **Naomi Gary**, or send an email to **office@cedarsuuchurch.org** using this **link.**

More About Cedars

Cedars on Social Media

Did you know that Cedars now has a podcast? Our podcast is called "**Sunday Mornings at Cedars**".
Use this **link** to listen to our podcast on **Spotify**.
Use this **link** to listen to our podcast on **Apple Podcast app**.
Use this **link** to listen to our podcast on **Amazon Music**.
Use this **link** to listen to our podcast on **iHeartRadio.**

We are also on **Instagram!** Use this link to find us on **Instagram**. And as usual, find us on our **Cedars Facebook** page with this **link**. If you're on Facebook, there is a Facebook group called Cedars UU Church Community Conversations for members and friends to share events, fun stories, etc. Let's keep the coffee hour going all week long! Join the conversations group using this **link** for our **Cedars Community Facebook** page**.**
Be sure to "Like" us and **"Follow"** us on each one!
Use this **link** to find **audio recordings** of our Services on our website**.**

Our Wider Community

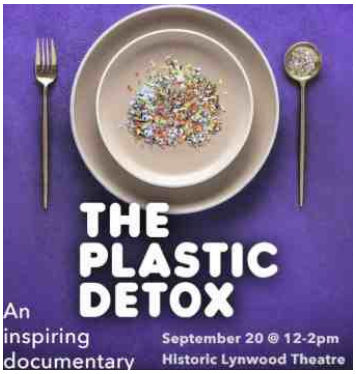
Zero Waste hosts The Plastic Detox Movie

Sunday, September 20

12:00 - 2:00 pm

Lynnwood Movie Theatre

Zero Waste is pleased to be bringing the film, **The Plastic Detox, to the Historic Lynwood Theatre on Sunday, September 20, 12-2pm**.



The Plastic Detox is a new, eye-opening, and ultimately uplifting documentary that reveals the startling effects plastics and toxic chemicals are having on our bodies and health. Learn how you might lower their presence in your body in a relatively short period of time through simple changes in lifestyle. The film follows five couples with unexplained infertility as they "detox" from plastic for three months to see if it changes their overall health and fertility.

Following the 90-minute film, Drs. Shirlee Tan and Elinor Fanning will hold a Q&A with the audience. You may submit any questions in advance to Zero Waste.

Get Free Tickets Here

League of Women Voters of Kitsap: Bainbridge Island Unit

Saturday, September 26 (ongoing the last Saturday of each month)

11:00 am - 12:00 pm

Helpline House

282 Knechtel Way NE on Bainbridge Island

The League of Women Voters wants your questions. Local Kitsap County Candidate Forums are coming late September and early October. Now is your chance to ask the candidates directly about local issues! Here is a link to the questions:

https://lwv-kitsap.org/candidate-forum-questions

If you are interested or want more information, contact **Naomi Gary**, co-chair of the LWV Bainbridge Island Unit, or send an email to **office@cedarsuuchurch.org** using this **link.**

League of Women Voters Website

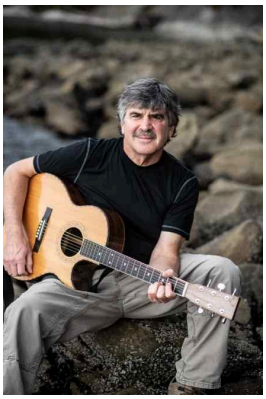
These Songs of Freedom: Talk and Concert About Protecting our Democracy

Saturday October 10

12:00 pm - 2:30 pm

Lynwood Theater

4569 Lynwood Center Road NE on Bainbridge Island



Singer/Songwriter Dana Lyons (https://cowswithguns.com) shares songs and stories from across America of unexpected alliances working together for democracy and our beautiful planet.

Suggested donation of $10 at the door

For more information you can go to: https://www.standingtogetherbi.org/events/oct10/

Register HERE for Dana Lyons Concert

Grace Church Ribbon Cutting and Workshop for New Solar Installation



Saturday October 17

9:00 am - 11:00 am

Grace Episcopal Church

8595 NE Day Rd on Bainbridge Island

The Grace community and project partners are thrilled to invite you to celebrate the new 32 kW solar project on the rooftop of Grace Episcopal Church.

For more information please follow this link for the program of events and registration requirement.

Register HERE for Ribbon Cutting at Grace

Beacon Article Deadline

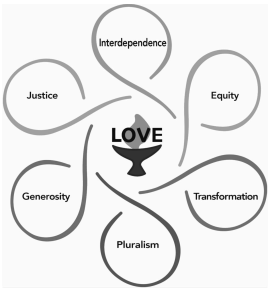
The deadline for submitting content for The Beacon is Monday by the end of the day. If you would like to add an article, use this **link** to email your Beacon article to the Cedars office at **office@cedarsuuchurch.org**.

UUA News and Information

Use this **link** or the image to learn more about UUA values, news, and information.

Cedars UU Church is a Welcoming Congregation and Green Sanctuary

View



Our Congregational Mission

Worship with open hearts
Nurture a learning spirit
Serve justice with compassion
Love without judgment

Print the Beacon Newsletter

The Beacon is available to download and print each week using this **link** to our website.

Member Directory

Members and Friends can easily search our online Church Directory using this **link** to our directory for contact information. The link is located under the Connection tab of the Cedars website and via this **link** to our directory.

Worship Services

Sundays at 10:00 a.m.
The Island School
8553 NE Day Road
Bainbridge Island, WA 98110

View Map Here

Cedars Minister

Rev. Margo Rinehart, Cedars Minister
Tuesday 9:30 am - 3:00 pm in office hours
(206) 780-0373
minister@cedarsuuchurch.org

Cedars Office

Monday thru Thursday 12:00 pm - 2:00 pm in office hours
284 Madrona Way, NE #128
Bainbridge Island, WA 98110
(206) 780-0373
office@cedarsuuchurch.org

Use this **link** to subscribe to The Beacon.

Do you have an article, event, or announcement?
Use this **link** to email it to office@cedarsuuchurch.org for inclusion in our Thursday newsletter (3 days in advance). Use this **link** to see our **submission guidelines.**



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